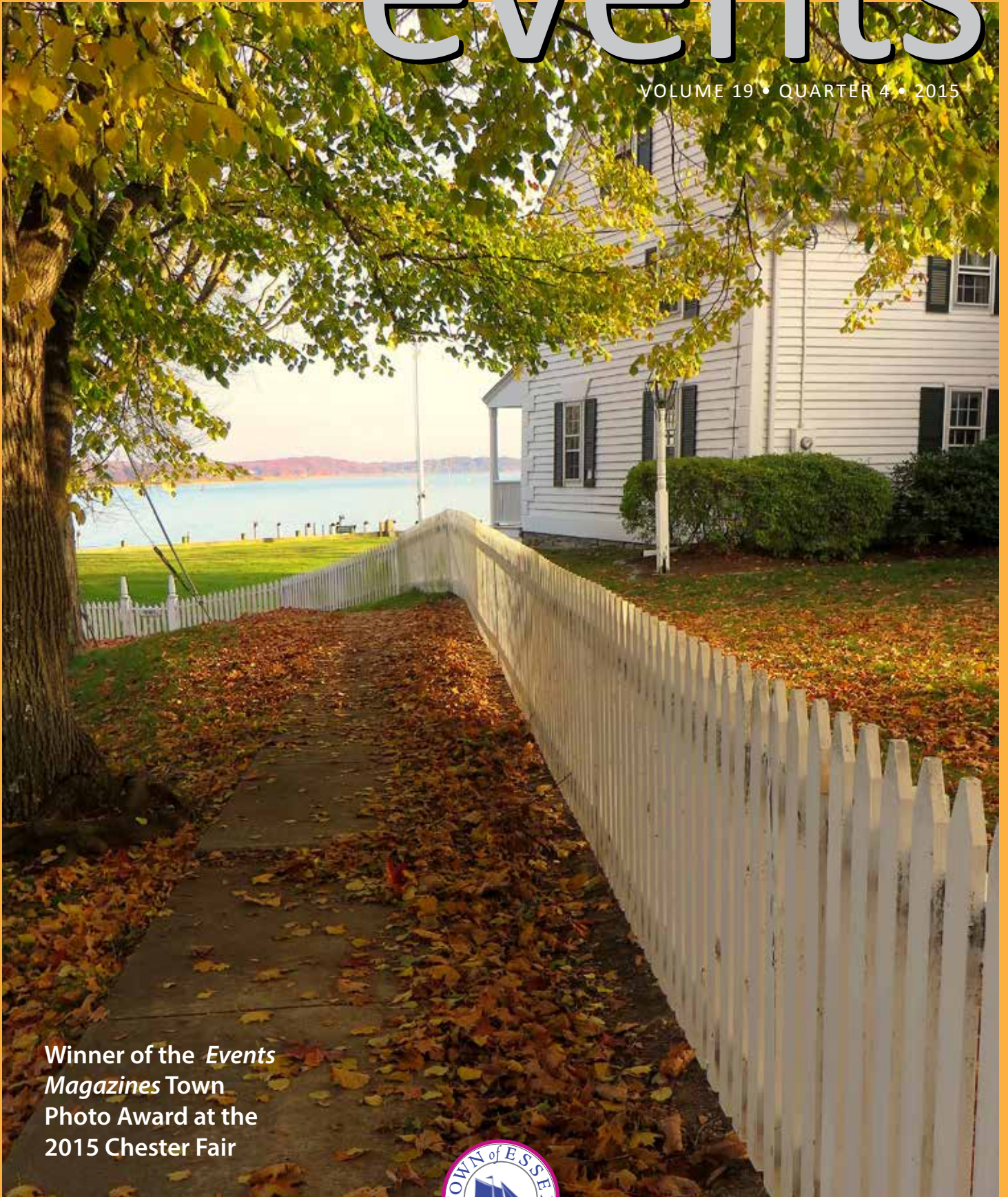


# Essex **events**

VOLUME 19 • QUARTER 4 • 2015



Winner of the *Events*  
*Magazines* Town  
Photo Award at the  
2015 Chester Fair



DELIVERING TOWN NEWS

TO EVERYONE IN TOWN

# WHO'S RUNNING YOUR WALK-IN?



## The Only Urgent Care Facilities in the Area Backed by Middlesex Hospital

**Middlesex Hospital Urgent Care Walk-In Centers** give patients easy access to immediate care for non-emergency medical needs. From family health care management, to pre-surgical testing and outpatient diagnostics like X-rays and laboratory services, our expert staff offers a wide range of services for all of your urgent care needs. An urgent care center backed by an award-winning hospital, that's *The Smarter Choice for Care*.

***Learn more at [mhurgentcare.org](http://mhurgentcare.org)***

### TWO CONVENIENT LOCATIONS ON THE SHORELINE

**MADISON – 203-779-5207**

*1347 Boston Post Road*

**OLD SAYBROOK – 860-661-5976**

*1687 Boston Post Road*



**MIDDLESEX HOSPITAL  
URGENT CARE**

**WALK-IN MEDICAL CENTER**

# First Selectman's Corner

Dear Friends and Neighbors,

I hope this newsletter finds you well and you're able to get outside and enjoy the crisp air before winter arrives! There are a lot of events going on in Town this fall and it's worth taking some time to enjoy them. As always, I encourage you to support our local events, businesses and organizations.

This summer season we moved forward with multiple projects in Town. As part of the \$8 million Capital Improvement Plan, three roof replacement projects were scheduled at Essex Elementary School, Town Hall and the Public Works garage, along with cooling systems for several classrooms at the Elementary School and the Town Hall. The work at all three locations has been completed. The work at EES began soon after school let out for summer break and was completed in time for the start of the new school year. The balance of classrooms at the elementary school will have air conditioning installation completed in time for the next cooling season. I'd like to thank the many people involved that kept this project on schedule and within budget so that students were able to start the new school year without delay. The Public Works garage roof project was completed in mid-September and construction on a new building for storage

will most likely begin in the Spring of 2016. Additionally, all three bridge replacement projects are at various stages of planning and design. We anticipate work on the bridges to begin next Spring. The Capital Committee, chaired by Selectman Bruce Glowac, members Leigh Rankin and Kelly Sterner have done an outstanding job and the Town will continue to reap the benefits of their efforts for years to come.



First Selectman Norm Needleman

I'm pleased to report that the Ivoryton Village Streetscape project is complete and we have achieved our goal of enhancing the revitalization of the Ivoryton Village Center. Along with the upgrades of streetlights and sidewalks that began as part of a 2005 STEAP grant, this recent work, combined with that is the first significant upgrade the Ivoryton Center has received in the last 75 years. I'd like to thank the residents, businesses, and visitors for their patience throughout this process, as well as former First Selectman and State Representative Phil Miller for his insight in beginning this project in 2005. Many thanks to the committee, chaired by Selectman Stacia Rice-Libby, with help from

Continued on page 2

*"Experience the Difference" at The Saybrook at Haddam.*

*Resident Doris Whitmore with daughter Beryl enjoying a cup of tea in the country kitchen.*

## Mom has Blossomed!

"Mom's memory loss meant her way of life was changing, but we did not want her quality of life to change as well. We are so happy at how quickly she settled into her new home and routine at Safe Harbor Memory Care Neighborhood in The Saybrook at Haddam. **Safe Harbor offers:**

- Stimulating and therapeutic programs that promote individual self-worth, dignity and independence
- A kind and specially trained professional staff 24 hours/day
- Personalized care and medication management
- A cozy, homelike setting with lovely living/community room and dining room for shared meals with family and friends
- Fresh air and sunshine in our secure "Walking Garden"

Call 860-345-3779 for information and a guided tour. Visit us at [www.thesaybrookathaddam.com](http://www.thesaybrookathaddam.com)

**SAFE HARBOR**  
The Saybrook  
HADDAM  
A Memory Care Neighborhood  
1556 Saybrook Road, Haddam, CT 06438

## POLITO & ASSOCIATES LLC

TRIAL LAWYERS

Serving Connecticut and Rhode Island

Connecticut **Super Lawyers Honoree** for 9 consecutive years  
and U.S. News & World Report Best Law Firms

Humbert J. Polito, Jr., Esq.  
Admitted in CT & RI  
CT Super Lawyers

James M. Harrington, Esq.  
Admitted in CT & Tribal Courts  
CT Rising Stars

CALL US : 860.447.3300 | [WWW.POLITOLAW.COM](http://WWW.POLITOLAW.COM)

Wrongful Death • Medical Malpractice • Automobile Accidents  
Practicing In Mohegan Tribal Courts • Mashantucket Tribal Courts

Mary Ellen Barnes, the Ivoryton Alliance and the Public Works Department. A well-attended Ribbon Cutting Ceremony was held on September 17th and enjoyed by all.

Surely, you have noticed the beautiful new red cedar trees planted along the Firehouse property on West Avenue near the entrance to Route 9. This was a beautification project designed by the Essex Tree Committee at the request of the Tree Warden, Augie Pampel several years ago. This year, with the help of local funding, the plantings were completed. This project was jointly funded by the Essex Foundation and the Essex Fire Department with an additional contribution from the Essex Tree Committee. Thank you to all involved in making this come to fruition!

Once again it's time to update the Plan of Conservation and Development which is done every ten years. The Essex Planning Commission has completed a comprehensive update and a public hearing was held on October 8th at the Town Hall. In this update the focus has been on development and redevelopment in the three Village commercial areas.

I would like to remind residents that the Town of Essex does not have an ordinance on the hours of operation in which a contractor or landscaper may work at a property, however, we would generally expect such hours to be 7 am-5 pm on weekdays with more limited work on the weekends. We rely

on our residents to be neighborly and considerate by ensuring that construction, and the use of power tools and landscaping equipment, be limited during those times. We have avoided both noise and blight ordinances, but we have received some complaints and request that residents be mindful of neighbors and their right to enjoy their property.

Many of you are aware of the recent rash of personal property being stolen from cars left unlocked. There have also been two cars stolen with the keys that were left inside the vehicles. Please remember to lock your cars and homes and don't leave valuables in the car that are easy to grab and run. Call the Essex Police Department or the Selectman's office to report any suspicious activity.

Lastly, I'd like to extend my sincere gratitude to all the residents in Town that give their time so generously and passionately while serving the community we cherish. So many of our successes are as a result of volunteers who serve tirelessly on Town Boards and Commissions, join the Volunteer Fire Department or Ambulance Service, lend a hand to care for plantings along roadways, participate in our parade coordination (whether on land or water), and more. We couldn't do it without you!

All the Best, Norm



- New Construction
- Remodeling & Additions
- General damage and Insurance repairs
- Kitchens, Baths & Corian countertops
- Entertainment centers
- Decks
- General Excavation
- Site Work
- Licensed Septic Installers
- General Trucking
- Screened Topsoil
- Dumpster Rentals

**Established in 1950 / General Contractors / Ivoryton, CT**

**860-767-8494**

**Since 1950 we have continuously supplied quality work and pride ourselves in building strong customer relationships.**

# The resources of Yale New Haven Health now have an Old Saybrook address.

Old Saybrook Medical Center gives you convenient access to the most skilled specialists and advanced treatments just minutes from your home. From a simple blood test to the life-changing treatments of Smilow Cancer Hospital, you'll be cared for by top physicians. And because Old Saybrook Medical Center is part of Yale-New Haven Hospital, you have access to the expertise and resources of a healthcare system with a name that's recognized worldwide. For full details, please visit [ynhh.org/oldsaybrook](http://ynhh.org/oldsaybrook).



## OLD SAYBROOK MEDICAL CENTER

633 Middlesex Turnpike, Old Saybrook, CT

860-388-8300

[ynhh.org/oldsaybrook](http://ynhh.org/oldsaybrook)

Allergy/Immunology • Cancer Care • Heart and Vascular  
Physical Therapy • Rheumatology • Urology  
Pediatric Primary Care • Pediatric Specialty Center

DIAGNOSTIC/TESTING: Blood Draw • Radiology

# events

**TM Ventures, LLC**  
**dba Essex Printing & Events Magazines**  
18 Industrial Park Road, P.O.Box 205  
Centerbrook, CT 06409  
860-767-9087 Fax 860-767-0259  
email: print@essexprinting.com  
www.essexprinting.com

**PUBLISHER**  
William E. McMinn

**DIRECTOR OF ADVERTISING/OPERATIONS**  
Suzanne Spires 860-391-5534  
suzanne@essexprinting.com

**ARTICLE COORDINATOR / ART DIRECTOR**  
Kathy Alsop 860-391-4372  
kathy@eventsmagazines.com

**FINANCE MANAGER**  
Donna Everts

**COVER EDITOR**  
AC Proctor 860-767-9087

**SALES REPRESENTATIVES**  
**VERNON • TOLLAND**  
Tom Fortin 860-299-4568  
tom@eventsmagazines.com

**ESSEX • WESTBROOK • CLINTON • MADISON**  
Ward Feirer 914-806-5500  
wfeirer@gmail.com

**OLD SAYBROOK • OLD LYME • EAST LYME**  
Betty Martelle 860-333-7117  
betty@eventsmagazines.com

**MONTVILLE • NEW LONDON • STONINGTON**  
Chris Angeli  
c 860-391-5725  
cangeli@eventsmagazines.com

**BRANFORD • CHESTER • EAST HADDAM  
HADDAM • GUILFORD • WOODBRIDGE**  
Nancy Lee Salk  
c 203-219-3282  
nancy@eventsmagazines.com

**MAGAZINE LAYOUT**  
Amy Bransfield / Liz Pester

Cover photo: Winner of the *Events Magazines*  
Cover Photo Award at the 2015 Chester Fair.  
*Essex in the Fall*, by Kathryn Katz.

[www.eventsmagazines.com](http://www.eventsmagazines.com)

**1.2 MILLION READERS**  
**18 TOWNS EVERY QUARTER**

Copyright © 2013 Events Magazines. All rights reserved. No part of this publication may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopy, recording, or any information storage and retrieval system without written permission. Not responsible for omissions or typographical errors. All advertising material created by Essex Printing and Events Magazines is to be considered proprietary. Essex Printing and Events Magazines reserves the rights and license to all ad designs and photographic images produced by Essex Printing and Events Magazines. Reproduction rights for individual use in other publications is offered and available by purchase directly through Essex Printing and Events Magazines. Editorial appearing in this magazine is submitted by municipal agencies and other approved sources.

## Stay Informed.

Signing up for the Essex News e-mail list will provide you with information and updates on events from the First Selectman's Office. (Your address will be used solely for this purpose.) To add yourself to the list, email your contact information to [essexnews@essexct.gov](mailto:essexnews@essexct.gov) with the subject **Town Email List**.

## Cover Photo



Kathryn Katz of Essex has been a photographer since 1985. Her photography focuses on landscapes, cityscapes, nature, architecture, and people. She and her former partner, the late Sandy Sanderson, presented countless photo tours of the places they visited throughout the world—Russia, China, India, Vietnam, to name only a few. Her next photo journey will be to Cuba. As a long time member of the New Haven Camera Club, Kathryn has won many awards over the years, including Best Image of the Year. The Cover Photo was taken Fall, 2014 at the foot of Main St., Essex. When not consulting with ConnectiCare, Kathryn is a Board Member of the Essex Land Trust; a choir member and Stephen Minister Leader at the Westbrook Congregational Church; a choir member of the NYC Threshold Choir; a U.S. Coast Guard Auxiliarist; and a Masonicare Hospice Volunteer.

## Contents

First Selectman's Corner	1
Stay Informed	4
Ivoryton Events	5
Essex Library	6
Essex Garden Club Announces Officers for 2015-2016	8
Membership in the Essex Garden Club	8
FISH (Friends in Service Here)	11
Advanced Cataract Surgery	11
Essex Tree Committee Planted 40 Trees In 2015	12
Plans For Painting Route 9 Overpass Bridges	13
Protecting Water Quality in Our Streams and Rivers	14
Essex Town Hall	15
Clean Energy Task Force	16
Estuary Council Regional Senior Center	17
Adding Structures, Renovating or Changing Uses On Your Property?	18
The Lower Connecticut River Valley Council of Governments: RiverCOG	21
Be A Part of The Arts at Community Music School	23
Making Middlesex County Bully-Free: The Campaign for Bully-Free Communities	24
Wines of Spain	26
Preparing for a Hurricane	28
Sister Cities Essex Haiti: Creating a Library	30
Influenza	31
Vista Member Turns Hobby Into Business	32
Child & Family Agency's Holiday House Tour	34
MARC Community Resources – Calling all Businesses!	35
Town Clerk's Office	37

# Ivoryton Events

Ivoryton is the place to be this Autumn with plenty of events and entertainment throughout the Fall months and into the holidays. With lots to see and do, we look forward to welcoming you to Ivoryton where you'll find great shops, restaurants, entertainment and great people, too!

Don't be afraid to check out spooky fun for the whole family at the annual **Ivoryton Village Pumpkin Festival** on Saturday, October 24. Over 250 jack-o-lanterns will line the Green and lots of ghostly and ghoulish events can be discovered throughout the village. Event starts at 5:00 pm.

At the Ivoryton Playhouse, don't miss **Liberace!** opening Wednesday, October 28th. Liberace! is a moving and highly entertaining tribute to the performer and musician famous for his charm, glitz, and glamour. Liberace! relives the highs (and lows) of his prolific life, with a rollicking piano score spanning classical and popular music from Chopin to "Chopsticks," and Rachmaninoff to Ragtime. Starring



Daryl Wagner, Liberace! runs until November 15th. Visit [www.ivorytonplayhouse.org](http://www.ivorytonplayhouse.org) for more info or to purchase tickets on line.

Fall quickly turns into the holiday season – the brightest time of the year for Ivoryton! Save the Date of Saturday, December 5th for the sixth annual **Ivoryton Illuminations**. Santa arrives and 250,000 lights are switched on throughout the village. Come and marvel at the tallest living Christmas tree in the state. Tune your radio to 101.5FM and watch the lights dance to the holiday music. The lights are on throughout the month of December and visitors from all over New England come to drive through the brightest, merriest village in Connecticut!! The fun starts from 5:00 pm.

To celebrate the season of goodwill, bring the whole family to the Ivoryton Playhouse for a very special holiday production called **I'll Be Home For Christmas**. Written by David Edwards and Tony Javed, I'll Be Home For Christmas opens on December 10th and will be traditional, family friendly entertainment for all ages. With all the stress of the busy-ness of the season it's easy to forget the real heart of the holiday – spending time with friends and family. Bursting with all your favorite Christmas songs, I'll Be Home For Christmas runs until Sunday, December 20th with matinee and evening performances.

Visit [www.ivorytonplayhouse.org](http://www.ivorytonplayhouse.org) for more information or call our box office at (860) 767-7318 to purchase tickets.



## Ashleigh's Garden

- Delivering Daily along the Shoreline
- Most creative florist in the area, come in with your ideas, we would love to help you!

**860-767-2889**

500 Main Street, Suite 4  
Deep River, CT 06417  
[ashleighsgarden.com](http://ashleighsgarden.com)



William Pitt

Sotheby's  
INTERNATIONAL REALTY

### ATTENTION BUYERS AND SELLERS!

Are you interested in keeping up with the real estate market?

Please contact me to set up a weekly market tracker or homefinder to inform you of what is going on in your town or in the area you wish to buy.



Nancy Johnson  
860.227.6880

[ndjohnson@wpsir.com](mailto:ndjohnson@wpsir.com)  
[williampitt.com](http://williampitt.com)

ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488  
OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400  
Each Office is Independently Owned and Operated.

WE DON'T WANT  
THE FUN TO END...



IN SEARCH OF THE PERFECT SUNDAY

SUNDAY 12-5

\$5

DRAFTS  
BLOODY MARYS

MIMOSAS  
MIXED DRINKS

BAR BITES



860.526.2600

158 Main St., Deep River CT

[www.redhouserestaurantct.com](http://www.redhouserestaurantct.com)

# Essex Library

As always, the Essex Library has a great lineup of programs and events for all ages scheduled during the coming months. Professor Chuck Timlin returns with a series of talks about the poetry of Wordsworth and Frost. On November 8 the Essex Garden Club will be co-sponsoring a special event featuring a representative from White Flower Farm. Other talks will cover a range of topics including digital photography, meditation, music history, and the playwright Eugene O'Neill. The ever popular Centerbrook Architects Lectures will resume in January.

Regular offerings for children and young adults include Toddling Story Time, Preschool Story Hours and Flannel Board Story Times. Registration is required for some of these programs, so please be sure to subscribe to E-Lations, our online monthly newsletter, to get the latest information about them, as well as adult programs. You can do so on our website: [www.youressexlibrary.org](http://www.youressexlibrary.org).

Special events for our youngest patrons include Happy Birthday Baby! on Monday, November 9 from 11:30 to 12:30 - a "meet and greet" opportunity for children born in 2015 and their parents celebrating our newest community members. Attendees will receive a special treat and a resource bag with



information about local and Essex Library resources. The Eastern Connecticut Ballet Company returns on Wednesday, November 18 at 4 pm. Dancers in costume will perform a special Nutcracker story time, and children will be able to have a photo taken with them. Registration is required and space is limited.

The Library is also very pleased to be partnering with Education Solutions to offer a series of programs for young adults aged 12 and over on topics ranging from choosing a major to finding the right career path. Sessions will take place every other month. Again, please be sure to check E-Lations for dates, times and topics.

SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE! • SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE!

**SUMMER, EXTENDED!!**

**SALE! COMPARE!**

**SEASIDE WINE & SPIRITS**  
118 Main Street - Old Saybrook  
**860.388.3015**  
Shoreline's Best

Visit our other location  
**Spirits of Madison**  
Super Stop & Shop Plaza

f

**SERVICE - SELECTION - EVERYDAY LOW PRICES - CONVENIENCE**  
**EASY PARKING - WEDDING & PARTY SOLUTIONS - SMILES**

SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE! • SHOP SPIRITS & SAVE! • SHOP SEASIDE & SAVE!





William Pitt

Sotheby's  
INTERNATIONAL REALTY

## Exceptional Marketing Leads to Extraordinary Results!



INTRODUCING

30 Ox Bow Lane, Essex  
\$1,280,000



INTRODUCING

40 Main Street, Essex  
\$1,150,000



INTRODUCING

25 Main Street, Ivoryton  
\$1,050,000



INTRODUCING

12 Ox Bow Lane, Essex  
\$515,000



PENDING

15 Smith Neck Road, Old Lyme\*  
\$3,850,000



PENDING

60-1 Neck Road, Old Lyme\*  
\$1,825,000



PENDING

5 Russet Lane, Essex  
\$675,000



PENDING

11 Essex Hills, Essex  
\$649,000



SOLD

39 Smith Neck Road, Old Lyme  
\$1,860,000



SOLD

56 Captains Drive, Westbrook\*  
\$1,150,000



SOLD

219 Old Salt Works Road,  
Westbrook \$1,575,000



SOLD

10 New City Street, Essex  
\$850,000

\*Buyer and Seller Representation

### Experience The Value of Partnership

2013-2015 Sales & Pending YTD \$87,566,500

#1 Team Companywide 2013, 2014

#1 Dollar Volume Closed YTD 1/1/15-9/1/15 in all of  
Middlesex and New London Counties



### JENNIFER & JANE ASSOCIATES

Jennifer Caulfield 860.388.7710

Jane Pfeffer 860.227.6634

jenniferandjane@wpsir.com

Licensed in CT and RI

ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488  
OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400

Each Office is Independently Owned and Operated. Equal Housing Opportunity.

# Essex Garden Club Announces Officers for 2015-2016

Officers for the Essex Garden Club for 2015-2016 are Linda Newberg, president; Barbara Burgess, first vice president; Barbara Muhlfelder, second vice president; Betsy Godsman, recording secretary, Judy Greene, corresponding secretary; Patricia Mather, treasurer; and MyLan Sarner, assistant treasurer.

In her opening remarks at the September meeting, Newberg described the club's agenda and activities for the coming year, and introduced the theme for this year, "Looking into our past". She went on to say that Since the Essex Garden Club's inception in 1952 the mission has continually focused on beautifying Essex and conserving our natural resources. EGC has contributed so much in making this a lovely town to live in.



From left in this photo are Betsy Godsman, Patricia Mather, Linda Newberg, Judy Greene, and Barbara Burgess.

## Membership in the Essex Garden Club

We welcome new members (male and female) to the Essex Garden Club for a rich and rewarding experience. The Club meets on the first Monday of the month (except for January, July, and August) for a business meeting at 1 pm followed by a program at 2 pm. Prospective members must have resided in Essex for at least six months prior to becoming a member, and must be

proposed and seconded by two current members. If you are interested in obtaining more information about club activities, please check our website at [www.essexgardenclub.org](http://www.essexgardenclub.org). If you are interested in becoming a member, please contact Judy Taylor, Membership Chair at Essex Garden Club, P.O. Box 936, Essex, CT 06426.



William Pitt

Sotheby's  
INTERNATIONAL REALTY

Kathy Schellens  
860.395.4441

[kschellens@wpsir.com](mailto:kschellens@wpsir.com)

SOTHEBY'S GOLD AWARD  
TOP PRODUCER



Call me for a free market evaluation of your property.



### Heart of Essex Village

1803 Mansard Roof home w/separate caretaker cottage, income suite or guest house. 3BR, LR w/FP. Deck overlooking park and Middle Cove. Winecellar. Exceptional! Offered at \$725,000



### Haddam - Country Estate

Beautiful Historic Home on 11+ Acres. First floor MB suite with walk-in closet. Living room with fireplace, formal dining room, spacious kitchen, 3 BD, 3 BA - Tennis Court and Pool Offered at \$595,000



### Essex - Walk to Village

1830 Federal with Adorable Guest Cottage, Living Room, Dining Room, Study, Kitchen all with Fireplace, 3BR, 2 car garage on 1+ Park-like Acre. Offered at \$425,000



### Essex - Stately Federal

Pretty Historic Federal in fabulous location. Spacious home w/lovely level yard. LR with FP, large family room, formal DR, Klaff kitchen, 3BR, 3 bath, 2+ car gar. Offered at \$699,000



### Essex - Gorgeous South Cove Area

Charming Ranch - 2BR, 2 bath, Large Living Room with Fireplace, 16' ROW to Cove. 1+ Acre. Newly painted. Renovated kitchen, new stainless appliances. Offered at \$385,000



### Year Round Indian Town - Old Saybrook

Deed beach rights. Water view, 2 beaches, clubhouse and marina, Pretty ranch home w/ furnishings. Spacious Kitchen, living room with fireplace. Home is also a perfect rental. Offered at \$469,000



### Essex Village Antique

Excellent Neighborhood Home. Pretty 3BR, 2 1/2 bath, Living Room with fireplace, Granite and stainless kitch. Spacious family room. Level back yard with garden areas. 2+ car gar. Offered at \$595,000



### Essex Professional Building on Main St.

Office or Retail with Residential Apartment. Total of 3800 sqft. Perfect Owner Occupied or income producing property. Steps to Connecticut River. Offered at \$799,000

ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488 | OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400

Each Office is Independently Owned and Operated



William Pitt

Sotheby's INTERNATIONAL REALTY



Colette Harron  
860.304.2391  
charron@wpsir.com

Celebrating another year  
of being an award winning  
top producer.



SOLD

**East Lyme:** This waterview home has been completely renovated and professionally landscaped. It offers over 4,000 square feet and with amazing views of Long Island Sound and deeded access via private dock. N10037851 Offered at \$1,389,000



SOLD

**Essex:** A Rare offering of a waterfront building lot at Foxboro Point with breathtaking views of the Connecticut River, Lyme Hills, and North Cove. Walking distance to the Village of Essex. Perfect site for a classic home with every modern convenience. N10073200 Offered at \$1,750,000



LISTED AND SOLD

**Old Saybrook:** Fenwick Cottage with amazing views of LI Sound, the Connecticut River and Saybrook lighthouses. Purchase 2 building lots and/or abutting approved 1/2 acre building lot. Golf, tennis, boating. N355421 Offered at \$3,500,000



LISTED AND SOLD

**Lyme:** This beautiful waterfront Contemporary was designed and built under the guidance of Jonathan Isleib. Superb craftsmanship is throughout this impeccable home. Spectacular views of the Connecticut River. N10016766 Offered at \$1,495,000



SOLD - BUYER REP

**Stonington:** This wonderful three bedroom home is tucked away on a lovely and very private 1/2+ acre lot in Stonington Village. Located within easy walking distance of the harbor and Stonington Village's many great restaurants and shops. E10023791 Offered at \$769,000



SOLD - BUYER REP

**Lyme:** This country escape melds a classic stone cottage with the clean lines of a casually sophisticated design emphasizing light, views and an easy living environment. Gourmet kitchen, 3 BR suites & great outdoor living spaces. Horse paddock & 5 bay barn. M9147815 Offered at \$895,000



UNDER CONTRACT

**Old Saybrook:** One of a kind 280 degrees of panoramic, breathtaking waterviews overlooking LI Sound. Year round dazzling, silver sunrises and stunning sunsets from this 3 bedroom, 3 full bath, waterfront home set high on a quarter acre bluff. N10069284 Offered at \$2,500,000



INTRODUCING

**East Haddam:** Extensive renovations have dramatically changed this four Bedroom, two and a half Bath expanded Cape. The resulting open plan design is filled with light and beautifully finished details. N10081760 Offered at \$429,900



INTRODUCING

**Old Saybrook:** Once in a lifetime property. Exquisite panoramic vistas of CT River from the expansive mid-century modern home. Surrounded by ninety acres of Nature Preserve and three hundred feet of waterfront. Offered at \$3,100,000

ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488  
OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400

Each Office is Independently Owned and Operated

williampitt.com

# COLDWELL BANKER

## RESIDENTIAL BROKERAGE



**Chester:** 2+ acres w/privacy yet close to Village. 2BR Cape w/floor to ceiling stone FP on LR side & cooking BBQ on KT side. Updated & freshly painted. \$226,000  
Laurel Peters 860-306-2812



**Deep River:** Beautiful home w/wall of glass overlooking the CT River. Chef's KT, 3BRs, 2.5BAs & 1st floor MBR suite w/spa tub & shower. Guest BRs w/patios. \$849,000  
Patrick Callahan 860-227-1587  
James Leo 860-227-5975



**Deep River:** Two family w/sep living areas & basements, city water/sewer. Located in the heart of the village - walk to everything! Easy access to Rtes 9 & I-95. \$284,000  
Roy Monte 860-790-1297



**Deep River:** Well maintained 3BR home near village. Approx 1 acre lot w/private backyard, 2C garage w/loft, walkup attic & full basement. EZ commute via Rte 9. \$195,000  
Rick Greene 860-395-6832



**East Haddam:** Pristine Colonial on 7.42 acs has superior craftsmanship, cooks KT w/granite, in-law ste, 2FPs, multi car gar. Ideal for horses. Close to CT River. \$650,000  
Leah Smith 860-916-9824



**East Haddam:** Contemporary w/generous, open floor plan & variety of rooms. Soaring ceilings, fieldstone FP, stunning KT, sunken DR, sunroom, barn, gardens & pond! \$459,900  
Dee Hasuly 860-214-1864



**East Haddam:** Raised Ranch w/in-law setup. Solar panels, KT/DR combo, LR w/FP & pellet stove. Lovely sunrm w/cathedral ceiling, private backyard has deck w/bar. \$284,900  
Dee Hasuly 860-214-1864



**Essex:** 12 stately columns, widow's walk & gar doors crowned w/elliptical windows, the Dickinson Mansion exudes curb appeal & hints at the interior elegance. \$2,990,000  
Joel Lucas 860-304-9150  
Peter Bonanno 860-227-9798



**Essex:** Breathtaking views of South Cove...then there is the pool! Totally renovated Cape has stunning KT & BAs. Open floor plan & MBR suite w/balcony. \$699,900  
Joel Lucas 860-304-9150



**Essex:** Charming New England 1BR, 1.5BA Cottage steps to restaurants & art galleries. Eat-in KT, HW floors, new roof & deck over looking manicured lawn. \$334,900  
James Leo 860-227-5975



**Essex:** Rarely available renovated 2BR, 2.5BA Townhouse. KT w/ss sink, granite & new appliances. A turn key condo w/storage, pool, garage & guest parking. \$223,500  
Patrick Callahan 860-227-1587  
James Leo 860-227-5975



**Essex:** Charming 2BR, 2nd Fl Unit w/balcony overlooking the spacious grounds & lovely views of the CT River, North Cove & the pool. Unit is in good condition. \$195,000  
Roger Parkman 203-676-1061



**Essex:** Panoramic views of No Cove & the CT River from this renovated 2nd floor ranch. KT w/new counters, cabinets & appliances. Amenities inc pool & dock. \$192,000  
Maureen Nelson 860-227-9222



**Old Lyme:** Home @ Old Lyme Shores, short walk to sandy beach. 4BRs, LR w/FP, HW floors, enclosed porch. Private yard, deck, playscape, det garage. Views. \$549,000  
Marguerite Mattison 860-510-2848



**Old Lyme:** Flawless! Surprisingly spacious Lyme Regis Condo w/FP & library wall in peaceful setting. Walk to Old Lyme Historic District & the CT River. \$435,000  
Barbara McBride Doyen "Bobbi" 860-662-0271



**Waterford:** Southern style 3/4BR Ranch w/open floor plan & split BR wings. 3FPs, hydro air, 3 car garage, sunroom w/FP, gas grill & sink overlooking 5 acres. \$675,000  
Shane Bonanno 860-227-7353  
Peter Bonanno 860-227-9798

Essex Office | 5 Main Street | Essex, CT 06426 | 860.767.2636

[ColdwellBankerMoves.com](http://ColdwellBankerMoves.com)

© 2015 Coldwell Banker Residential Brokerage. All Rights Reserved. Coldwell Banker Residential Brokerage fully supports the principles of the Fair Housing Act and the Equal Opportunity Act. Operated by a subsidiary of NRT LLC. Coldwell Banker® and the Coldwell Banker logo are registered service marks owned by Coldwell Banker Real Estate LLC.



## FISH (Friends in Service Here)

### Henry May, Driver and President

FISH was founded locally in 1970 to provide free rides to medical appointments for residents of Essex, Deep River and Chester. The FISH logo originated during the World War II bombings in London. A London household with available food and a place to sleep would place a fish symbol, a reference from the Bible, in the house's front window to let displaced people know that free food and a place to sleep were available.

Residents of our three towns wanting rides and having no other means of transportation may call 860-388-2693 up to noon the day before their appointment (Friday noon for a

Monday ride) to schedule a ride for the following day. The destinations are within the triangle of Middletown to the north, Guilford to the west and New London to the east.

In the 1st 8 months of 2015, FISH provided 304 round-trip rides to Essex residents. Of our 51 drivers, 40 are residents of Essex.

The modest budget for FISH is funded by grants from the Essex Community Fund, the Community Foundation of Middlesex County, the Essex Rotary, the Essex Savings Bank, the Deep River Community Health Committee and other organizations, as well as by contributions from our drivers and riders.

## Advanced Cataract Surgery

Lasers have saved vision in patients with Diabetes, eliminated the need for glasses with LASIK, and now assist in Cataract Surgery. In the past, the surgeons would use blades and eye markers to create openings and guides for lens implantation; new technology shines a digital reflection onto the cornea eliminating the marking on the eye, uses a laser to break up your cataract and create near perfect openings for surgery. With this new technology, the plan starts from your visit in the office. Most patients complain of glare, halo, yellowing of colors, and blurred vision when having cataracts. Typical aging cataracts are seen in patients at approximately 50 years of age. With a dilated exam by your surgeon at Middlesex Eye Physicians, they determine if your cataract is ready for removal. Small cataracts are left alone until they "grow".

Once diagnosed with a cataract and deemed ready for surgery, our patients are sent to the surgical schedulers. The scheduler will educate the patient and make appropriate appointments. The process begins. Patients will have an ultrasound of their eye with specialized equipment. After this measurement, patients will be placed on a machine that will capture fine details on the eye for surgery such as the eyes external blood vessels and the iris composition (color part of the eye). This precise computer information is transferred to the physician to view and create a plan for cataract surgery. More precise measurements customized to the patient's own eyes means better visual outcomes.

Rose Malczynski, C.O.A.  
Roger Luskind, M.D.  
Middlesex Eye Physicians



**FALL SPECIAL**  
Mani/Pedi \$35.00 / Pedi only \$25.00  
Any Service over \$30.00 - \$5.00 OFF  
Valid Mon/Tue/Wed only til 12-15-15



31 Main Street  
Centerbrook, CT  
06409

**Hours:**  
Weekdays  
9 am - 7 pm  
Saturday  
9 am - 6 pm  
Sunday  
10 am - 5 pm

**860.581.8480**

ORNAMENTS GIFT CARDS JEWELRY

MIXED MEDIA SOAPS GIFT CARDS KNITWEAR SCULPTURE DISHES FELTED OBJECTS

**THE BEST PLACE FOR HOLIDAY GIFTS BY LOCAL & REGIONAL ARTISTS**



Shop In-Store & Online *Spectrum*  
Anytime [spectrumartgallery.org](http://spectrumartgallery.org)

Let There Be Light Holiday Show  
Open Reception Fri Nov 20 6:30-9pm  
(Exhibit Nov 20 - Jan 10)

**Spectrum | Gallery**

(860)767-0742  
61 Main St. Centerbrook, CT  
Wed - Fri 11 - 6 Sat 11:30 - 6 Sun 11:30 - 5

PAINTINGS STAINED GLASS WOOD SERVINGWARE POTTERY BASKETS PERFUME BOTTLES

PHOTOGRAPHY VASES CERAMICS



**ESSEX** • Charming home, high quality renovation, beautiful yard, gardens and an inground pool are a few of the great features in this 4 BR, 4 BA Cape just a short drive from Essex Village. The home renovation includes a new kitchen and baths, a new furnace and addition of central air, new roof, addition of central vac, and replacement of the water treatment system. Many more updates. Come view the home to see... you won't be disappointed. N10066625 Offered at \$569,000

**TOP 10 REASONS TO CALL THE HOLLAND TEAM**

*Peace of Mind, Solutions, Security, Commitment, Experience, Understanding, Value, Perspective, Rapport, Expertise*



Leslie Holland 860.575.5144  
Donn Holland 860.227.4737  
Kathy Brunoli Murphy 860.227.7200

williampitt.com

ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488  
OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400  
Each Office is Independently Owned and Operated

**GROUND BREAKING NEWS FOR YOUR CATARACTS.**

Personalized laser assisted cataract surgery which targets your vision goals and lifestyle with detailed measurements specific to **YOUR** eye.

**Call today** for this advanced laser technology

[www.middlesexeye.com](http://www.middlesexeye.com)



400 Saybrook Road, Ste 100 Middletown 860-347-7466  
240 Middletown Ave. East Hampton 860-295-6440  
4 Grove Beach Road Westbrook 860-669-5305

**Essex Tree Committee Planted 40 Trees In 2015**



Dan Estey (left) donated a Red Sunset Maple (*Acer rubrum* 'Franksred') on behalf of Bartlett Tree Experts to the Town of Essex. He is pictured with Augie Pampel, Essex Tree Warden who selected the location at 147 Dennison Road."

The Essex Tree Committee received donations of 40 trees in 2015 from both individuals and community organizations. Thirty three of these trees were Eastern Red Cedars planted at the West Avenue gateway (see photo). These were donated by the Essex Foundation and the Essex Fire Department. Other trees included a Swamp White Oak tree located at the Methodist Hill donated by the Essex Police Union. Two Princeton Elm trees, donated privately were planted at West Avenue and South Main Street. A Sunset Red Maple donated by the Essex Rotary Club was planted also at South Main Street. The Essex Garden Club donated a London Plane, planted at 15 Dennison Road. The Essex Tree Committee donated a Saucer Magnolia to the Essex Elementary School. And Bartlett Tree Experts planted a Red Sunset Maple at 147 Dennison Road.

Augie Pampel, Essex Tree Warden, thanks all who donated trees to the town of Essex in 2015. These trees will continue to enhance the beauty of the streets of Essex for many years to come.

To make a donation to the Essex Tree Committee, please contact Augie Pampel at [augiepampel@aol.net](mailto:augiepampel@aol.net).

**For town updates & information:**  
**[www.essexct.gov](http://www.essexct.gov)**

## Plans For Painting Route 9 Overpass Bridges

Bruce Glowac, President of The Essex Foundation, Inc., has announced that the Foundation is spearheading an effort to raise funds to paint the Route 9 bridges over the Essex crossing at the corner of West Avenue and Saybrook Road, an area that used to be known as Phelps Corner. The bridge spans presently are rusted and desperately in need of repair and repainting. The State Highway Department has plans to start bridge repairs in the spring. However, under the guidelines for Federal expenditures, the repainting of repaired bridge areas is limited to the strips adjoining the repair. This means that when the job is completed by the state, the only parts that will be painted will be those directly adjoining the repairs.

In line with all the clearing work recently done by the state in the area

of the intersection, the Town and the Essex Foundation Board have been investigating how to further beautify the corner, including exploring ways to get the bridges painted. Glowac explained that local residents Susan and Steven Bogan, owners of Blast All, a local painting and blasting company, have taken the initiative to develop a pilot apprentice program that would use trainees under the direction of Blast All's union employees to accomplish two objectives at an affordable cost: teaching a new generation much needed technical skills and beautifying overhead bridge structures that are badly in need of painting. Blast All has received approval from the State of Connecticut to proceed with the program. The Essex project would serve as a model for future projects in Connecticut and Rhode Island. There would be no cost to the community for

project management, labor, equipment or materials other than the cost of the soft green paint that will be used on the bridges.

Recognizing the need for the painting and wanting to take advantage of this unique opportunity, the Board of the Essex Foundation has pledged an initial donation of \$5000 from the Elizabeth Callender fund to help pay for the paint. The Essex Foundation hopes that other organizations, individuals and family funds will consider joining the Foundation in helping to raise a total of \$20,000 to cover the cost of the paint for the project.

Contributions can be made to The Essex Foundation and mailed to P.O. Box 64, Essex, CT 06426. The Essex Foundation is a 501c3 corporation. [www.theessexfoundation.org](http://www.theessexfoundation.org).

## Pre-Heating Sale

***NOW is the Time to Upgrade Your Heating System***



**New Yorker  
High Efficiency  
Oil Fired  
Water Boiler**  
Cost: As low as  
\$5900.00



**Williamson  
Centennial  
Low Boy  
Oil Furnace**  
Cost: As low as  
\$2800.00



**TFI Everhot  
Oil Fired  
Water Heaters**  
Cost: As low as  
\$2300.00

**MORONI  
& SON**

**860-388-2298**

**Three Generations, over 60 Years of  
Continuous Service!**

447 Spencer Plains Road, Westbrook, CT 06498  
[www.moronioil.com](http://www.moronioil.com)



HOD# 0000591 B1-0403715

# ESSEX TOWN HALL

767-4340 (Unless otherwise noted)

THE ESSEX TOWN HALL  
is open 9 a.m. to 4 p.m. Monday through Friday

THE LANDFILL AND RECYCLING CENTER  
is open Mondays, Thursdays, Fridays & Saturdays, 7 a.m. to 3 p.m.

## SELECTMEN'S OFFICE

Norman Needleman, First Selectman	x114	nneedleman@essexct.gov
Maria Lucarelli	x112	mlucarelli@essexct.gov
Betsy D'Amico	x145	bdamico@essexct.gov

## ANIMAL CONTROL OFFICER

Jae Wolf	860-388-7082	jjwolf@essexct.gov
----------	--------------	--------------------

## ASSESSOR

Jessica Sypher, Assessor	x124	jsypher@essexct.gov
Nancy Berryman	x123	nberryman@essexct.gov

## BUILDING DEPARTMENT & FIRE MARSHAL

Keith Nolin, Fire Marshal	x146	knolin@essexct.gov
Darcy Roper	x144	droper@essexct.gov
Dave DeLeeuw, Building Official	x117	ddeleeuw@essexct.gov

## HEALTH DEPARTMENT

Lisa Fasulo, Director of Health	x118	lfasulo@essexct.gov
Kerry Berardinelli	x119	kberardinelli@essexct.gov

## LANDFILL/RECYCLING CENTER

Mike Birner, Supervisor	860-767-1926	
Bill Armstead		

## PARK AND RECREATION DEPARTMENT

Mary Ellen Barnes	x110	mbarnes@essexct.gov
Recreation Aide	x148	

## PUBLIC WORKS

David Caroline, Director	860-767-0715	dcaroline@essexct.gov
William Angier, Boris Churyk,		
Richard Gallacher, Ryan Welch		

## REGISTRARS OF VOTERS

Lois Ely	x142	registrar@essexct.gov
John Heiser	x142	jely@essexct.gov
		jheiser@essexct.gov

## RESIDENT STATE TROOPER

<b>ESSEX POLICE</b>	860-767-1054	
David Tretter, Resident State Trooper		dtretter@essexct.gov
Russell Gingras, Corporal		rgingras@essexct.gov
Paul Kenefick		pkenefick@essexct.gov
Scott O'Donnell		sodonnell@essexct.gov
Todd Belcourt		tbelcourt@essexct.gov

## SOCIAL SERVICES

Mary Ellen Barnes	x201	mbarnes@essexct.gov
-------------------	------	---------------------

## TAX COLLECTOR

Megan Haskins, Tax Collector	x120	mhaskins@essexct.gov
Lynne Skinner	x121	lskinner@essexct.gov

## TOWN CLERK

Joel Marzi, Town Clerk	x129	jmarzi@essexct.gov
Yvonne Roziak, Assistant	x128	yroziak@essexct.gov

## TOWN HALL OPERATIONS

Mark Hiatt	x136	maintenance@essexct.gov
Joe Donofrio		

## FINANCE DEPARTMENT

Kelly Sterner, Director of Finance	x122	ksterner@essexct.gov
Dana Novorio	x116	dnovorio@essexct.gov
James Francis, Treasurer	x127	jfrancis@essexct.gov

## ZONING ENFORCEMENT

Joe Budrow, Enforcement Agent	x115	jbudrow@essexct.gov
Kerry Berardinelli	x119	kberardinelli@essexct.gov

[www.essexct.gov](http://www.essexct.gov)

## Protecting Water Quality in Our Streams and Rivers

Stormwater runoff from rain and snowmelt is directed into the Municipal Separate Stormwater Sewer System (MS4) consisting of a network of catch basins, underground piping, culverts and drainage swales. This network is essential for flood and erosion control but unfortunately it is also a significant conduit for unwanted pollution in our beautiful waterways and recreational areas. As stormwater flows downhill over driveways, streets, sidewalks, and lawns it picks up leaves, sand, dirt, oil, grease, lawn fertilizer, metals, plastic and trash and deposits it – untreated - directly into local wetlands, streams and rivers.

Water that we use for swimming, fishing, recreation or drinking is harmed by polluted stormwater runoff. High bacterial levels and algae growth in lakes and ponds poison aquatic plants, fish and humans. Trash washed into the waterways chokes birds and small mammals.

To minimize stormwater pollution, State regulations require Essex and towns all across Connecticut to protect the quality of stormwater discharged into their MS4's. Essex's Stormwater Management Plan defines the best management practices that town departments are required to use to protect stormwater quality. Some examples include:

- Dept of Public Works - oversees street sweeping, catch basin cleaning, road repair, debris management and the identification & elimination of illicit discharges to the stormwater system.
- Land Use Dept - regulates, through a permitting process, activities in wetland & watercourse areas and the repair of failing septic systems.
- Landfill/Transfer Station & Recycling Center –allows residents to properly dispose of antifreeze, oil, paint, leaves, brush, etc. (FREE OF CHARGE)
- Storm drain stencils and placards on catch basins near the CT River are part of the outreach efforts by Essex DPW to educate residents on illicit dumping of pollutants into waterways.

Residents and property owners are encouraged to help the Town protect stormwater quality. Here are a few things you can do:

**LEAVES:** When removing leaves from your property, DO NOT blow leaves into the street, catch basins, drainage areas or swales. DO NOT place leaf piles on the edge of the road where they can easily blow into the roadway. Bring leaves to the compost area at the landfill/transfer station – free of charge

Continued on page 15



**VEHICLE MAINTENANCE:** Wash your car on an unpaved surface. Check your car, boat, motorcycle and garden machinery for leaks. Clean up spilled fluids with an absorbent material like sand. Recycle used motor oil at the landfill/transfer station – free of charge.

**LAWNS AND GARDENS:** Use pesticides and herbicides sparingly. Sweep up yard debris. Cover piles of dirt and mulch. Cultivate plantings over bare spots in yard.

**HOME REPAIRS:** Sweep up and properly dispose of construction debris such as concrete and mortar. Use hazardous substances like paint, solvents and cleaners in the smallest amounts possible and clean up spills immediately. Dispose of hazardous materials at the Household Hazardous Waste Facility.

**PET CARE:** Clean up after your dog. Pick up outdoor pet waste by bagging it or flushing it down your toilet. Dispose of kitty litter in the trash (not down the toilet).

**SEPTIC SYSTEMS:** Pump your septic system regularly (every 3-5 years). Don't pour household chemicals down your drain.

**SWIMMING POOLS:** Store pool chemicals in a covered area. Use care to prevent leaks and spills of chemicals. DO NOT drain swimming pools to a municipal catch basin or drainage swale.

**LANDSCAPE DESIGN:** Utilize porous material, paving stones, bricks, etc., instead of asphalt for walkways. Build a garden shed to store fertilizer & pesticides.

For additional information on Stormwater Management visit the CT Dept of Energy & Environmental Protection website at: [www.ct.gov/deep](http://www.ct.gov/deep) and search Municipal Stormwater or MS4 General Permit.

## Essex Town Hall

29 West Avenue, Essex, CT 06426

Ph: 860-767-4340

Fax: 860-767-8509

Normal Hours: Monday - Friday,  
9:00 am to 4:00 pm

**TRUST YOUR CAR TO THE REPAIR SHOP MORE PEOPLE TRUST...**

*We are a full service garage dedicated to quality work and service.*

**"The Only Call You Need For Quality Service & Repairs"**

# AUTO SERVICE of Old Saybrook, Inc.

**We have Senior Citizen Day Every Day!  
We Offer 10% OFF Repairs and Service up to \$50.00 Maximum.**



We employ ASE  
Certified Technicians

Servicing Domestic & All European Cars Including  
Mercedes, BMW, Jaguar, Audi, Saab, Volvo & VW



## 860-388-6838

From oil changes & scheduled maintenance to engine repair or replacement, we can provide complete mechanical & electrical service to your vehicle.



**4 JADE COURT • OLD SAYBROOK  
HOURS: MON. - FRI. 8 a.m. - 5 p.m.**



## Good Food Deserves Great Wine.

We carry a HUGE selection of wine, Liquor and Beer at very reasonable prices. Cash and credit cards accepted.



## Essex Wine & Spirits

125 Westbrook Road, Essex, CT

Next to Colonial Market

860-767-8606

## Clean Energy Task Force

As submitted for the 2014-15 Town of Essex Annual Report, the town's progress in meeting its sustainability goals for the year was as follows:

1. **Reduce electric consumption by 11% from the baseline year of 2010.** Results: During FY 2014-15, town electric consumption for the Essex Elementary School, municipal buildings and streetlights, was 711,468 kWh, down 18.5 % from the 2010 CY baseline of 872,489 kWh.
2. **Increase purchase of Clean Energy for town buildings to 17% for FY 2013-14.** Results: During FY 2014-15, 15% of the municipal building energy was purchased from clean, renewable energy sources (Community Energy).
3. **Reduce heating fuel oil consumption by 5%.** Results: For FY 2014-15, 15,049 gallons of fuel oil were consumed by town buildings, down 60% from the CY 2010 baseline of 37,960 gallons, however the primary reason for the decrease is the Elementary School's switch from oil to natural gas.
4. **Increase the amount of recyclables in tons.** Results: In FY 2014-15 Essex recycled 658 tons of material, down 5% from the FY 2010-11 baseline of 691.31 tons.
5. **Increase amount of household hazardous waste collected from FY 2010/11.** Results: For FY 2014-15, 265 houses participated in hazardous waste collections, down 20% from the 330 homes participating in 2010/11. The estimated number of pounds of hazardous waste for FY 2014/15 was 5,300, a decrease of 20% from 2010/11, estimated at 6,600 pounds. The average household is estimated to contribute 20 pounds of HHW annually.
6. **Other Accomplishments:**
  - a. The Solarize Essex program helped 22 residents install solar power on their homes at discounted prices! Through this program, the solar generating capacity of Essex homes increased from 44 kW to 202 kW.
  - b. A Big Belly Solar Trash Compactor was installed at the Valley Regional HS "Snack Shack". Earned by Essex through the Clean Energy Communities program, the system features a collection unit for recyclable materials and a solar-powered trash compactor which can hold five times more waste than a normal bins.
  - c. The town signed the Municipal Bench Marking, Technical Assistance and Municipal Action Plan (MAP) agreement with the Clean Energy Communities program and Eversource. The purpose of the initiative is to bench mark all town buildings through the online Energy Star Portfolio Manager program, create an ongoing list of proposed and completed energy projects and develop

Continued on page 17

VALUE • QUALITY • EFFICIENCY

**ESSEX**  
LIMOUSINE SERVICE  
SERVICING OVER 600 CITIES WORLDWIDE  
www.EssexLimousine.com  
860-767-2152 • 860-388-5466  
CT DOT # 2389

---

**ESSEX TAXI**  
www.EssexTaxiCT.com  
860-767-7433 • 860-767-RIDE  
CT DOT # 1121

FULLY LICENSED & INSURED — UNDER NEW OWNERSHIP

a Municipal Action Plan for the town to meet the energy reduction goals of the Clean Energy Communities Program.

### Fiscal 2015-16 Accomplishments:

Essex is well on its way with the Municipal Bench Marking, Technical Assistance and Municipal Action Plan (MAP) Initiative. Phase I is complete and all of the town owned buildings have been entered into the Energy Star Portfolio Manager® online program. Work has begun on Phase II – creating an ongoing list of proposed and completed energy projects.

Building on the success of the Solarize Essex program, a Solar Open House was scheduled in October at the home of the Cozzolino family, whose solar panels have outperformed projections since being installed last year. With federal tax incentives slated to expire in 2016, now is an ideal time to look into going solar.

The Essex Clean Energy task force has an opportunity to do some additional energy projects for Essex. If you have any ideas on what could be done, please let us know. We welcome you to join us, the Essex Clean Energy task force meets once a month at the RiverCog in Centerbrook. For more information contact Janice Ehle/Meyer at [jehlemeyer@rivercog.org](mailto:jehlemeyer@rivercog.org) or Stacy Abbott at [abbottstacy111@gmail.com](mailto:abbottstacy111@gmail.com).

## Estuary Council Regional Senior Center

The Estuary Council of Seniors, Inc. (ECSI) is a community resource for the nine-town Estuary region's residents over 50 years old providing nutrition, transportation, health support services, education opportunities and socialization. We have been serving Seniors and promoting healthy and active lifestyles through quality programs and services for over 40 year. Please visit our website at <http://www.ecsenior.org> or call us at (860) 388-1611.

A number of fundraising events are held throughout the year to support the programs of the Estuary Council and consequently supporting Seniors along the Shoreline. In addition to special events, we hold BINGO every Thursday evening at 6:30 pm. Join with friends and family for a fun evening out and try your luck on the progressive jackpot. All ages are welcome and cash prizes are awarded. Doors open at 5:30 pm.

Our next special event is the annual Holiday Craft Fair on Saturday, November 21st. Each year, the Estuary Council brings together local crafters who display an incredible array of hand crafted items for sale. In addition, the wonderful "Bake Shop" is filled with homemade dessert and candy. The Fair will be open from 8 am until 1 pm. Contact Judy or Mike for more information, (860) 388-1611 extension 203.

## Save These 2016 Dates!



Mihae Lee, Artistic Director

### January 10, 2016

Valley Regional High School, Deep River  
**The Juilliard Quartet** with pianist **Mihae Lee**  
String Quartets by Mozart and Beethoven and the monumental F minor Piano Quintet of Brahms.

### February 21, 2016

Valley Regional High School, Deep River  
**Stu Ingersoll Jazz Concert**  
**Jeff Barnhart and his Hot Rhythm**  
Pianist Jeff Barnhart and his top-notch band of all-stars will play hot jazz from the 1920s and 30s.

### March 6, 2016

John Winthrop Middle School, Deep River  
**Patricia Schuman, soprano**  
A sparkling and varied program with harpist **Megan Sesma**, pianist **Douglas Dickson**, and a surprise **Special Guest Artist!**

### April 3, 2016

Valley Regional High School, Deep River  
**Fenton Brown Emerging Artist Concert**  
**New Haven Symphony Orchestra & Violinist Tessa Lark**  
**William Boughton** conducts music by Mozart and Haydn and Beethoven's beloved Violin Concerto.



All concerts are held on Sundays at 3 p.m.

Subscriptions: \$120  
Single tickets: \$35

P.O. Box 383, Essex, CT 06426 • (860) 272-4572  
[www.essexwinterseries.com](http://www.essexwinterseries.com)

## ESSEX HARDWARE

**Builders Hardware • Plumbing Supplies  
Garden Supplies & Tools  
Electrical Supplies**

**NEW  
PROPANE  
EXCHANGE**

  
**Benjamin Moore®  
Paints**



- Stanley Hand Tools •
- Milwaukee Power Tools •
- Saws and Tool Sharpening •
- Keys Made • Paints • Glass •

### STORE HOURS

Monday – Friday 7 a.m. - 5:30 p.m.  
Saturday 7 a.m. - 5 p.m. • Sunday 9 a.m. - Noon

# 767-0077

**3 MAIN STREET/CENTERBROOK**

# Adding Structures, Renovating or Changing Uses On Your Property?

## Why A Health Department Permit Is Required

I'm often asked why a Health Department permit is required for projects such as a building addition, garage, shed, deck, cabana, barn, swimming pool, irrigation system, etc. Or why a Health Dept permit is needed for interior renovations in an existing building or for Changing the Use in a residential or commercial building.

The short answer is, since Essex does not have any public sewer systems the Health Dept needs to know what is underground before it can permit certain activities above ground.

The long answer lies in CT Public Health Code (PHC) Sec. 19-13-B100a which essentially says that if public sewers are not available, no building addition,

alteration, conversion, nor Change in Use shall be permitted until the Health Dept has determined that after any of these projects are done, a code-complying area exists on the lot for installation of a septic system. The Health Dept is also mandated to ensure the preservation of a sewage disposal system area on each property in order to avoid public health nuisances and to protect groundwater.

The next question is usually, "If I want to build a deck (or pool, or barn, etc) do I have to replace my septic system, too?" Again the short answer is, NO.

In most cases, especially for a deck, shed, detached garage, pool, or other accessory structure the Health Dept will review your B100a Application and determine if the existing septic system meets PHC requirements in terms of capacity and

separation distances to onsite structures and property lines. If the existing septic system does not meet PHC requirements, then the property owner simply needs to show a plan for where and how one could be installed in the future if the existing one failed. This is called a B100a Plan and the Health Dept and/or a licensed septic system installer can help you with this.

If your construction plans involve a building addition, renovation which increases the number of bedrooms, conditioning a basement or attic, winterizing a seasonal use building or involves Changing the Use within the building, then a soil test is required and a licensed septic system installer OR a professional engineer must prepare a B100a Plan showing where and how the property contains a code compliant septic

Continued on page 19




**Essex Timeless Decor**

*We buy and sell:*

- Used Furniture
- Antiques
- Household Items
- Paintings, Prints
- Frames, Mirrors, Lamps
- Rugs, China,
- Glasswear, Pottery
- Clocks, Watches

Every Day 10 to 5 • Closed Tuesdays  
14 Plains Road • Essex, CT • 06426  
By the Essex Steam Train  
860.767.3030



**Bogaert**  
CONSTRUCTION CO., INC.

60 PLAINS ROAD, ESSEX, CT 06426  
**860.767.8072**

- Custom Homes
- Additions
- Full Remodeling Services
- Custom Millwork
- Window Replacement

Fully Insured  
New Home Lic. #170  
Remodeling Lic. #523107  
[www.bogaertconstruction.com](http://www.bogaertconstruction.com)



**ProfExt**  
Professional Exterminating

Richard Cusano • Proprietor  
Locally Owned & Operated

**Residential & Commercial  
Customized Programs  
to Fit Your Needs**

- Termites • Carpenter Ants
- Carpenter Bees • Squirrels
- Rodent Control • Wasps

ALL WORK CONFIDENTIAL - UNMARKED VEHICLES - V.A. & F.H.A. CERTIFICATION FOR TERMITE INSPECTION - PRICES QUOTED OVER PHONE

Lic. #B-0557

**860-388-4483**  
[www.profect.com](http://www.profect.com)

ADDING STRUCTURES...continued from page 18

system area. In some cases, and concurrent with your addition/renovation or Change in Use project, the existing septic system may require modification or upgrade to meet current PHC. On very small lots or in areas of high groundwater or ledge, where a PHC-compliant septic system cannot be installed, it may not be possible for the Health Dept to approve your plan. This is a rare occurrence and the decision is based on CT Public Health Code and the information provided to the Health Dept.

The B100a Plan Review Application is on the Town of Essex website under Forms & Documents. Please complete the front page of the B100a Application and the Health Dept will complete the back page. Also submit supporting documentation such as a site plan showing where your project will be located, a brief description of your project, a septic system AS-BUILT diagram (or similar drawing) and soil test data if available.

Lastly, the construction/renovation/Change in Use projects described above also require a Zoning Permit and one or more Building Permits. Zoning and Health Dept applications are usually submitted at the same time. Building permits will only be issued after Health and Zoning permits are issued. If you have any questions regarding permits or if you need information about your septic system or PHC requirements please call or visit the Health Dept located in the Land Use Office at the Essex Town Hall.



**PREMIER PAINTING**  
*Custom Finishes with an Eye for Detail*  
Interior / Exterior  
Residential / Commercial  
New Construction / Fully Insured  
-- FREE ESTIMATES --  
**860-526-8236**



**AJ Shea Construction LLC**  
192 Westbrook Road, Essex, CT 06426

Tel 860-767-2969 Fax 860-767-3222  
www.ajshea.com

**PIZZERIA**  
*Da Vinci*



*181 Main Street, Deep River, Connecticut*  
**860-526-0884**  
[www.davincipizzadr.com](http://www.davincipizzadr.com)  
Mon - Thurs: 11:30 a.m. to 9 p.m.  
Fri - Sat: 11:30 a.m. to 10 p.m.  
Sunday: 12 p.m. to 9 p.m.

**FREE Garlic Parmesan Knots**  
WITH PURCHASE OF A LARGE SPECIALTY PIZZA  
ONE PER ORDER  
**DaVinci Pizza** Valid 10/25/15 through 12/15/15

**Pilates for Life**  
The Tradition and Method of Joseph Pilates

**Joseph H. Pilates**, originator of **Pilates Method**...  
trained **Romana Kryzanowska**, Master Teacher NYC...  
Romana trained **Marlene Powers**, let Marlene train you  
in the true tradition...

Fitness and Flexibility  
Alignment and Posture  
Deep Core Strengthening  
Physical Therapy Compliment

Certified Instructor  
Over 900 Training Hours  
Mat Classes  
Private Equipment Instruction  
Beginner to Advanced



2010, 2013 & 2015  
Readers Choice  
**Best Pilates Studio**  
26A Saybrook Road  
Essex, Connecticut  
**860-227.5790**

**Celebrating 10 Years!**  
**Marlene Powers**  
[www.inspiredbypilates.com](http://www.inspiredbypilates.com)  
email: [info@inspiredbypilates.com](mailto:info@inspiredbypilates.com)



**PETER H. CHARBONNIER**

ESQ, LLC

**860.526.1780**

97 MAIN ST. • CHESTER

*I look forward to addressing your concerns in the following areas of law...*

**REAL ESTATE** Refinance • Purchase • Sale • Reverse Mortgage • Eviction

**SMALL BUSINESS** Formation • Consulting • Purchase • Sale • Corporation • LLC

**WILLS & TRUSTS** Probate Administration • Living Wills • Estate Planning

**DEBT WORKOUT** Short Sale • Deed in Lieu • Foreclosure Avoidance

**www.lawforlocals.com • SERVING THE COMMUNITY SINCE 1992 • phcatty@aol.com**

The Shoreline Soup Kitchens & Pantries provide food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

Learn how you can help at:

**www.shorelinesoupkitchens.org**



## 3rd Annual Food Drive

Saturday, November 21 @ 9 am  
46 Plains Road / Essex, CT

**A Huge Thank You to Event Sponsors!**

To donate or learn more go to: [www.mob-fit.com/fooddrive](http://www.mob-fit.com/fooddrive)

Questions [info@mob-fit.com](mailto:info@mob-fit.com)



WELLS THOMAS  
Retirement Plan Design & Administration



# The Lower Connecticut River Valley Council of Governments: RiverCOG

## GrowSMART: A Lower Connecticut River Valley Economic Growth Strategy

If you haven't heard about the Lower CT River Valley Council of Governments, also known as RiverCOG, we are an association of seventeen towns represented by their chief elected officials. Our purpose includes facilitating solutions and planning between the seventeen towns, the State of Connecticut, Federal agencies, and nonprofits for land use, transportation, agriculture, emergency management, conservation, and economic development. One of our foremost goals is to encourage a safe and open venue to discuss shared regional options and projects.

**GrowSMART**, a RiverCOG project, is looking for how the region can collaborate to attract workers and retain and grow businesses while also conserving our natural resources that are so vital to the region's infrastructure, housing values, and tourism industry.

As you drive, walk, or bike around our region in October, you may notice signs, posters, and banners around town. You may see an advertisement while reading a local newspaper or local on-line news. The signs or advertisements may ask a question, such as: "Why can't you find qualified help?" or "Who is going to buy your house"?

Why are we asking these questions? Our Regional Strategic Economic Growth Committee is working with Ninigret Partners to create a regional economic growth strategy. We invite you to visit the project website, [www.GrowSMARTregion.org](http://www.GrowSMARTregion.org), and learn about our travelling mobile workshop and public forums. There is also an opportunity at the [www.GrowSMARTregion.org](http://www.GrowSMARTregion.org) website to submit your ideas.

**Please tell our  
advertisers that you  
saw them in  
Essex Events!**



**BOUVIER**  
INSURANCE

Gretchen Battey Makowicki

Senior Account Specialist

Phone: 860.767.8219

Fax: 860.767.2409

[gmakowicki@binsurance.com](mailto:gmakowicki@binsurance.com)

*An Essex resident, proudly serving the Essex, CT community since 1983.*

Old Lyme Marketplace  
80 Halls Road, P.O. Box 508  
Old Lyme, CT 06371  
[www.binsurance.com](http://www.binsurance.com)

**It's better with Bouvier.**

## MARK REEVES, BUILDER

**860-388-3825**

***Fall Renovation Time!***



New Homes  
Whole House Remodels  
Additions  
Kitchens  
Bathrooms  
Basement Conversions  
Siding & Windows  
Entertainment Centers  
Flooring  
General Remodeling



Look me up on  
houzz

CT LICENSE # 538583 & 10263  
FULLY INSURED

**MARKJREEVESBUILDER@COMCAST.NET**  
**WWW.MARKREEVESBUILDER.COM**

# Essex - Community Listings

## CHURCHES

All Saints Episcopal Church ..... (860) 767-1698  
 First Baptist Church ..... (860) 767-8623  
 First Congregational Church ..... (860) 767-8097  
 Ivoryton Congregational Church ..... (860) 767-1004  
 Our Lady of Sorrows Church ..... (860) 767-1284  
 St. John's Episcopal Church ..... (860) 767-8095  
 Trinity Lutheran Church ..... (860) 767-0228

## CLUBS AND ORGANIZATIONS

Ancient Order of Essex Weeders ..... (860) 767-7628  
 Democratic Town Committee ..... (860) 767-7665  
 Community Foundation of Middlesex County ..... (860) 347-0025  
 Essex Board of Trade ..... (860) 767-3904  
 Essex Boy Scouts of America ..... (860) 767-3904  
 Essex Community Fund ..... (860) 304-2751  
 Essex Cub Scouts of America ..... (860) 790-0681  
 Essex Garden Club ..... (860) 767-2860

Essex Historical Society ..... (860) 767-0681  
 Essex Land Trust ..... (860) 767-7355  
 Essex Little League ..... www.essexlittleleague.org  
 Ivoryton Company of Fifers & Drummers ..... (860) 767-2237  
 Lower Valley Visiting Nurses ..... (860) 767-0186  
 Republican Town Committee ..... (860) 510-8318  
 SCORE ..... (860) 388-9508  
 The Shoreline Soup Kitchens ..... (860) 388-1988  
 Tri-Town Youth Services Bureau ..... (860) 526-3600  
 9 Town Transit ..... (860) 510-0429

## SCHOOLS

Beanstalk Preschool & Childcare ..... (860) 767-3308  
 Essex Elementary School ..... (860) 767-8215  
 John Winthrop Middle School ..... (860) 526-9546  
 Superintendent ..... (860) 526-2417  
 Valley Regional High School ..... (860) 526-5328



**B&B**  
**PEST CONTROL** LLC  
**860-510-9159**

- General Pests
- Termites
- Rodents
- Inspections
- Free Estimates



**Bob Ventres**  
 Owner/Operator  
 East Haddam, CT

Licensed &  
 Insured  
 CT Lic #B-2878



**PAINTING PLUS**  
**LLC**  
*Quality  
 Craftsmanship*

Interior and Exterior Painting  
 Deck refinishing and Staining  
 Floor Coating and Wall Repairs

Mold Remediation and  
 Pressure Washing

EPA Lead Safe Certified.  
 Insured and Ct. HIC Reg.#0625812.  
 BBB A+ rating.  
 References upon request  
 Serving the Ct River Valley for 19 years

15 Sunset Terrace  
 P.O. Box 522, Essex, CT 06426  
**860-767-0810**  
 paintingplus05@sbcglobal.net  
 www.paintingplusllc.biz




**Century 21**  
**Heritage Company**

*Go With Our  
 Winning Gold  
 Team!*

**Full Buyers / Seller Services:  
 Leasing, Commercial,  
 Land and Residential  
 Sales in the Lower  
 Connecticut River Valley.**

www.C21Heritage.com  
**860.526.1200**  
 16 Main Street  
 Chester





# Be A Part of The Arts at Community Music School

Whether as a music-maker or an appreciative audience member, Community Music School invites you to be a part of the arts! Located in the Spencer's Corner complex on Main Street in Centerbrook, CMS provides early childhood music, private music lessons, group beginner classes, performance opportunities, music therapy, arts camps, and much more for nearly 500 students each year.

Special programs for students of all ages who are interested in performing include the String Ensemble, Jazz Ensemble, Clarinet Ensemble, and New Horizons Band. The New Horizons Band is perfect for adults who are just learning or becoming reacquainted with a band instrument. Part of a national organization, the CMS band was launched five years ago and is directed by CMS founder Patricia Hurley. They meet on Monday and Thursday mornings and always welcome those interested to observe a rehearsal.

Several FREE programs and concerts coming up include an annual Faculty Concert & Reception on November 8th



at the Centerbrook Meetinghouse; and annual Holiday Concert on December 13th at Valley Regional High School. The New Horizons Band will also be performing with the John Winthrop Middle School band at their winter concert on December 10th.

As a non-profit organization, CMS also hosts creative fund raisers to support scholarships and outreach. The next event is a spring gala featuring swing era music and student performances on April 16th. For information about these and other activities at CMS, please call 860-767-0026 or visit [www.community-music-school.org](http://www.community-music-school.org).

*Good hearing is*  
**PRICELESS**

**Is it time to get your hearing checked?**

**County Hearing and Balance**

**OLD SAYBROOK**  
**900 Boston Post Road**  
**860-388-0022**

Call us for a Free Initial Consultation  
All services by Doctors of Audiology  
[www.countyhearingandbalance.com](http://www.countyhearingandbalance.com)

[www.TeamJermainne.com](http://www.TeamJermainne.com)

Finding your new home or Finding a buyer for your property isn't really difficult if you do a few simple things.

**You really need the expertise of TeamJermainne at Offer Negotiation time. That's where the real work begins.**

Once they turn that offer into a contract, then their expertise will continue to get you to the closing table. Inspections, Mortgages, Attorneys, Escrows, Packing, Moving, Closing.

You need a skilled & experienced Realtor Team to make sure your contract becomes a closing.

CONTACT TEAMJERMAINNE TODAY!

**860-662-0230**  
CALL OR TEXT

**Brian Jermaine**, ABR, ASR, CRS, ePRO, GRI, SRES, SRS  
Broker/Owner  
[Brian@TeamJermainne.com](mailto:Brian@TeamJermainne.com)

**Leslie Jermaine**, ePRO  
Realtor  
[Leslie@TeamJermainne.com](mailto:Leslie@TeamJermainne.com)

# Making Middlesex County Bully-Free: The Campaign for Bully-Free Communities

The numbers are staggering: One in seven school-age children is either a bully or a victim of bullying. An estimated 160,000 children miss school each day for fear of intimidation or attack.

But our community is taking action.

Since 2009, the Community Foundation of Middlesex County and its Council of Business Partners have worked to put an end to bullying. The No-Bully Zone program, developed by the Council and Rushford, a Hartford Healthcare partner, has delivered to close to 7,500 students, educators, school bus drivers and parents. This peer-to-peer program emphasizes empowerment and gives practical tools to help everyone stand up to bullying.

In 2014, the Council launched the Campaign for Bully-Free Communities. This campaign provides information and training for local businesses, schools and other organizations interested in ending mean-spirited behavior.

On October 21 (Unity Day), the Council hosted its second annual Rally for Bully-Free Communities. Two hundred students, teachers and interested adults from across Middlesex

County attended the event, including 35 students from Region 4 (Chester / Deep River / Essex). The morning began at 9 am with team building activities led by expert staff from Empower, The First Tee of Connecticut, and Rushford. Donny Marshall, Campaign Spokesman, encouraged everyone to be an UP-stander, not a bystander.

The campaign website provides other free resources including ideas to host your own rally and a simple pledge that anyone can sign.

For more information about the campaign, the No Bully Zone program, or to sign the pledge, visit [BullyFree.MiddlesexCountyCF.org](http://BullyFree.MiddlesexCountyCF.org) or call 860-347-0025.

Members of the Community Foundation of Middlesex County (CFMC) Council of Business Partners are: John J. Sullivan, A&A Office Systems; Laura M. Pedersen, A. R. Mazzotta Employment Specialists; Owen Flannery, Belltown Motors; William J. McCann, Susan B. McCann, and Shawn McCann, BEST Cleaners; Mauricio Salgar, The Black Seal; Colin E. Burr, Brown & Brown of CT, Inc.; David Director, Connecticut Lighting Centers, Inc.; David

Continued on page 25

## campaign for bully-free communities

Council of Business Partners at



COMMUNITY  
FOUNDATION  
of Middlesex County

- ✦ A&A Office Systems
- ✦ A.R. Mazzotta Employment Specialists
- ✦ Belltown Motors
- ✦ BEST Cleaners
- ✦ The Black Seal
- ✦ Brown & Brown of CT, Inc.
- ✦ Connecticut Lighting Centers, Inc.
- ✦ Direct Energy
- ✦ Essex Printing/Events Magazines
- ✦ Interfaith Golf Open Tournament St. Mary's Church, Portland and Congregation Adath Israel, Middletown
- ✦ LiveKind
- ✦ Mahoney Sabol & Co.
- ✦ Malloves Jewelers
- ✦ M&J Bus Company, Inc.
- ✦ Paulson Training Programs, Inc.
- ✦ Nancy Raczka, Attorney
- ✦ The Rossi Group
- ✦ Elizabeth Shulman, LMFT
- ✦ Suburban Stationers, Inc.

### IN PARTNERSHIP WITH:

Rushford, a Hartford Healthcare Partner | CT Association of Schools Empower | The First Tee of Connecticut | LiveKind  
Donny Marshall | Elizabeth Shulman, LMFT | iCRV Radio

## help make middlesex county a bully-free community

**STAND UP TO BULLYING AND MEAN-SPIRITED BEHAVIOR.**

*Did you know that one out of seven kindergarten through grade 12 students are either a bully or a victim of bullying? And that an estimated 160,000 children miss school every day for fear of intimidation or attack?* Bullies are everywhere, on the playground, in the classroom, at the workplace and, more and more often, online. It is up to each and every one of us to put an end to mean-spirited behavior in our communities by learning more about the issue and the resources available for empowering individuals and preventing bullying. For more information call the Community Foundation of Middlesex County at **860-347-0025** or go to [bullyfree.MiddlesexCountyCF.org](http://bullyfree.MiddlesexCountyCF.org).

**STAND TOGETHER FOR CHANGE.  
TAKE THE PLEDGE.**



Gilbert, Direct Energy; William McMinn, Essex Printing / Events Magazines; St. Mary Church, Portland and Congregation Adath Israel, Middletown, Interfaith Golf Open Tournament; Daniel Zimmerman, LiveKind; James Mahoney, Mahoney Sabol & Co., LLP; Marc Levin, Malloves Jewellers, Middletown; Karen Beebe, M&J Bus Company, Inc.; Cindy Bailey, Paulson Training Programs, Inc.; Nancy Raczka, Attorney; Theodore Rossi, The Rossi Group; Elizabeth Shulman, LFMT; and David Shulman, Suburban Stationers, Inc.

Campaign for Bully-Free Communities includes the following partners with the CFMC Council of Business Partners: Connecticut Association of Schools; EMPOWER; The First Tee of Connecticut; LiveKind; Donny Marshall; Rushford, a Hartford Healthcare Partner; and iCRV Radio.

### What is 2-1-1?

It is Connecticut's free information and referral service. By dialing 2-1-1, a toll-free number throughout CT, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours a day, every day of the year. TDD access is available.



**IVORYTON  
SERVICE STATION**

Providing Quality Repairs and Service  
for Over 30 Years  
*Family Owned & Operated*

**YOUR NEIGHBORHOOD  
AUTO REPAIR CENTER**

- Complete Repairs / Foreign & Domestic
- Computer Diagnostics
- Tires, Brakes & Undercar Service



114 Main Street  
Ivoryton, CT 06442  
**860.767.1692**  
email: ivoryton\_serv@att.net



**THE  
Ivoryton  
Tavern & Cafe**



**Serving Breakfast**  
Monday - Friday 6 am - 10 am  
Saturday 7 am - 10 am / Sunday 7 am - 10:30 am

**LUNCH AND DINNER**  
Tuesday & Wednesday 11:30 am - 8:15 pm  
Thursday - Saturday 11:30 am - 8:45 pm  
Sunday Noon - 7:30 pm

*Good Food, Good Friends, Good Spirits!*

8 Summit Street, Ivoryton, CT 06442  
**860-767-1449**

# Wines of Spain

Spain produces great quality wines in many different styles. They grow up to 600 different varieties in this region, however most vineyards only plant about 20 or so. We will highlight the most popular varieties that will make shopping for a Spanish wine an easy and pleasant experience.

Spain is well known for its lovely white wine varieties. One of the most popular and widely known varieties in Spain is Albarino. It is a dry crisp white that perfectly complements any seafood dish, salad and light hors d'oeuvre. Another widely known grape is Verdejo which is a softer style white with a dry, round finish that complements grilled chicken and other slightly richer dishes. Viura, also known as Macabeo is one of the key grapes in Cava, which is the most popular sparkling wine in Spain.

There are many red grapes grown in Spain, of which the most sought after are Tempranillo, Garnacha and Monastrell.

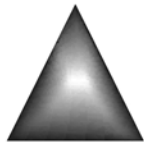
Tempranillo is a very versatile grape, and most notably grown in Rioja, although it is grown all over the country. This variety seems to really take on the soil make-up, and can be made into a completely different tasting wine dependent on the region where it is grown. In Rioja for example, Tempranillo is blended with other varieties and tends to be bold and full flavored with a dry finish, while in other regions it can be light and less dry. Garnacha is a more fruit-driven wine that has a little spice to it, which pairs beautifully with barbecue and grilled meats. Monastrell, also known as Mourvedre, is a full, fruit forward wine with great balance and a softer finish. This wine can accompany almost any dish and is a wonderful crowd pleaser.

These are just a few examples of the amazing varieties grown in Spain. Whether you need a white for seafood, a robust full flavored red for a hearty steak, or a great sparkling Cava for a celebration, head over to the Spanish section and explore the amazing selections they have to offer!

Art Lipuma, General Manager  
SeaSide Wine & Spirits, Spirits of Madison

## Want to Advertise?

Call Ward Feirer at (914) 806-5500



**ARCHAMBAULT INSURANCE**  
An affiliate of **SmithBrothers.**

Insuring Connecticut families and businesses  
for over 100 years.

2 North Main Street, Chester, CT | 860-526-9587  
[ArchambaultInsurance.com](http://ArchambaultInsurance.com)

**9 TOWN  
TRANSIT**



## CONNECTING YOUR CONNECTICUT!

Public Transportation for all ages serving  
Chester, Clinton, Deep River, East Haddam,  
Durham, Essex, Haddam, Killingworth, Lyme,  
Old Lyme, Old Saybrook & Westbrook

### Medical Transportation to Middletown

Connections to Southeast Area Transit buses in New London,  
CT Transit New Haven in Madison, Middletown Transit  
and CT Transit Hartford in Middletown

**Call 860.510.0429**  
**[www.9towntransit.com](http://www.9towntransit.com)**



9 Town Transit is Operated by the  
Estuary Transit District

# COMPUTER PROBLEMS DRIVING YOU NUTS?



- Unlimited Support – One Low Price
- Server, Network & Workstation Maintenance
- Network Security & Proactive System Monitoring
- Local and Online Backup and Recovery
- 2 Free Hours or Free System Analysis - Just to Give Us A Try (Offer for 4 or More Computers)

**Now Celebrating 10 Years of Helping Business' Increase Productivity and Profits!**

**TechNet**  
computing

rob@technetcomputing.com  
www.technetcomputing.com

**860.740.0328**



BROUGHT TO YOU BY  
THE LOWER CONNECTICUT RIVER VALLEY  
COUNCIL OF GOVERNMENTS

## Who's going to buy your house when you retire?

a collection of small town ideas can lead to  
BIG regional solutions

[www.growSMARTregion.org](http://www.growSMARTregion.org)

# CHERYL AIUDI & SON<sup>LLC</sup> *Family Fuel Oil*



HOD License #0001103

## Low Priced Heating Oil for this Winter

(2015-2016)

### All the oil you Need for only \$2.15/gallon

LIMITED Supply – Call Today For Details

***You can start using your oil NOW!***

**CALL NOW  
& SAVE**

# 860-661-5126

**We Accept  
Cash, Check  
Most Credit Cards**

Our Family has been Servicing Families, Commercial & Industrial Facilities Statewide for over 70 Years!

# Preparing for a Hurricane

Hurricane readiness should begin long before the event occurs. If you live in a hurricane-prone area, you can prepare far in advance for the possible dangers to health and safety resulting from a hurricane by learning about your community's emergency plans, warning signals, evacuation routes, and locations of emergency shelters.

- identify potential home hazards that could develop during a hurricane, such as those involving gas, electricity, chemicals, and structural damage
- install a smoke detector
- buy a fire extinguisher and make sure your family knows where to find it and how to use it
- conduct an evacuation drill for at least two ways out of your home
- provide escape ladders for multi-story structures
- establish an assembly point where the family meets in the event of fire or if a disaster occurs when the family is not together at home
- give your relatives and friends the name of a contact person who will know where you are and how you are doing

- know the location of your important papers, such as insurance policies, wills, licenses, stocks, etc.
- instruct family members about how to shut off the gas, water, and electric mains
- post emergency phone numbers at every phone; inform local authorities about any special needs, i.e., elderly or bedridden people, or anyone with a disability
- properly dispose of all chemicals, pesticides, and solvents not being used

You should stock your home with supplies that may be needed during the emergency period. These supplies should include:

- several clean containers for water, large enough for a 3-5 day supply of water (about five gallons for each person)
- a 3-5 day supply of non-perishable food
- a first aid kit and manual
- a battery-powered radio, flashlights, and extra batteries
- sleeping bags or extra blankets
- water-purifying supplies, such as chlorine or iodine tablets or unscented, ordinary household chlorine bleach

Continued on page 29

**COMMUNITY  
MUSIC SCHOOL**



*"I think this is the best place in Middlesex County to learn and play music!"*

90 Main Street (Spencer's Corner),  
Centerbrook | 860-767-0026  
community-music-school.org



*Home to the finest quality meats on the shoreline.*

**Fresh Prime Steaks  
Our own Smoked Meats  
Gourmet Sauces  
Homemade Sandwiches**

Cliff Ward  
OWNER  
88 Plains Road  
Essex, CT 06426  
**860-767-1539**  
fax: 860-767-1323

**LORI'S  
HAIR DESIGN**



**LORI MATT**  
OWNER

**FULL SERVICE SALON  
32 YEARS EXPERIENCE  
BY APPOINTMENT ONLY**

**860.662.4223**

LOCATED IN  
**MEAGAN'S BARBERSHOP**  
61 MAIN STREET  
CENTERBROOK, CT

**PREPARING FOR A HURRICANE...** continued from page 28

- prescription medicines and special medical needs
- baby food and/or prepared formula, diapers, and other baby supplies
- disposable cleaning cloths, such as “baby wipes” for the whole family to use in case bathing facilities are not available
- alternate heat and cooking sources, such as a kerosene heater and a camp stove - use these only in well-ventilated areas
- shovels and hand tools
- candles and matches
- a mop, bucket, and towels
- one or more rolls of plastic sheeting, a staple gun with staples, and duct tape
- plastic trash bags and ties
- an emergency kit for your car with food, flares, booster cables, maps, tools, a first aid kit, fire extinguisher, sleeping bags, etc.
- a citizens band radio or a cellular phone, if possible
- extra cash
- pet food
- insect repellent
- rubber boots/rubber gloves

**During the Storm**

To get through the storm in the safest possible manner:

- monitor the radio or television for weather conditions, if possible
- do not go outside, even if the weather appears to have calmed – the calm “eye” of the storm can pass quickly, leaving you outside when strong winds resume
- expect the loss of electricity, gas, and water
- stay away from all windows and exterior doors, seeking shelter in a bathroom or basement.
- prepare to evacuate to a shelter or to a neighbor’s home if your home is damaged
- if you should lose electrical power, eat perishable food first

[www.ct.gov](http://www.ct.gov)

**Visit Essex!**  
[www.essexct.gov](http://www.essexct.gov)

CT License  
E1-123441

# SICURANZA ELECTRIC, LLC



**John Sicuranza**  
Owner / Electrician

[www.SicuranzaElectric.com](http://www.SicuranzaElectric.com)  
email: [seco4343@aol.com](mailto:seco4343@aol.com)

**860-434-4343**

Specializing in all Residential & Commercial work

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Service Upgrades     | <input checked="" type="checkbox"/> Troubleshooting    |
| <input checked="" type="checkbox"/> Generators           | <input checked="" type="checkbox"/> Network Cabling    |
| <input checked="" type="checkbox"/> Surge Suppressors    | <input checked="" type="checkbox"/> Landscape Lighting |
| <input checked="" type="checkbox"/> Smoke / CO Detectors | <input checked="" type="checkbox"/> Marine Wiring      |

**WILLIAM RAVEIS**  
 REAL ESTATE • MORTGAGE • INSURANCE —  
 The Largest Family-Owned Real Estate Company in the Northeast



**Betty Martelle**  
 860-339-5251  
 cell: 860-333-7117  
 website: [bettymartelle.com](http://bettymartelle.com)  
 33 Main Street, Old Saybrook, CT



**KILLINGWORTH**  
 Country setting. French Country Kitchen w/fireplace. MB first floor. Asking \$367,000



**WESTBROOK**  
 Nantucket Colonial with views of the marina & Sound. Asking \$609,000



**OLD SAYBROOK**  
 Bungalow style home within walking distance of downtown Old Saybrook & Saybrook Point. Asking \$225,000



**OLD SAYBROOK**  
 This luxury style new construction condo offers the best of coastal living. Asking \$400,000

# Sister Cities Essex Haiti: Creating a Library

Jenifer Grant

When I was in Haiti in early September, I had one of the most thrilling experiences I have had (and I have had a lot) with the creation of the Deschapelles Community Library. The 3,000 square foot library structure is complete. The metal shelves, locally fabricated in an outdoor welding workshop are painted and now holding the approximately 1,000 wonderful quality books we have on site, all in French or Kreyol. Katy Klarnet, retired librarian from Old Lyme, and I went to Deschapelles to work alongside the librarians who she had been coaching by email answering their different questions.



The joy of holding and reading a story book.

It was a thrill to work with the librarians to begin to shelve the books they had “accessed.” Katy worked with them on the adult books with their more complex Dewey Decimals. I had the great pleasure of sorting out the many children’s books into groups of reading levels. The last day we were there, we invited the curious neighborhood children to come in. At first the little girls danced around creating a song about “belles petites chaises.” I invited them to sit at the small round table on the “belles petites chaises”, and look at books. The littlest ones just needed to turn pages, and look at as many books as possible. There were two older boys who looked more carefully, and one was actually reading.

Taking advantage of a great photo opportunity, I took the picture. I then realized that what he was experiencing was a joy of reading words in a book the like of which he had not seen before. I have known all along that children in Haiti do not have picture books and story books. And that the Library will change all that. But it was at that moment, with the young boy beaming with pleasure as he put his skills to work that I realized the immensity of what a difference this library will make for the community of Deschapelles. This could never have happened without the much appreciated enthusiasm of all the people in this area who have been so supportive.



Katy Klarnet, pictured with librarians and two volunteers on her recent trip to Deschapelles, Haiti.



## Full Service Hair and Nail Salon

Specializing in Updos / Makeup  
Straightening / Waxing / Foiling  
Coloring / Precision Cutting  
Gel Polish / Manicures/ Pedicures  
and More

**20% OFF  
NEW CLIENTS**

Call or stop for an appointment!

**860.322.4448**

**salon154**

439 Main Street, Deep River, CT 06417



Like us on Facebook at  
[www.facebook.com/salon154deepriver](http://www.facebook.com/salon154deepriver)

## GET MONEY FOR YOUR GOLD

*The Original*



# GUILFORD COIN EXCHANGE

Local Business Since 1970

Open Monday - Saturday  
9:30 am - 4:30 pm

69 Whitfield Street, Guilford, CT

On The Guilford Green / Exit 58 off I-95

**203-453-9363**



# Influenza

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccine each year.

Signs and symptoms of flu: Fever\* or feeling feverish/chills; cough; sore throat; runny or stuffy nose; muscle or body aches; headaches; fatigue (very tired); some people may have vomiting and diarrhea, though this is more common in children than adults.\*It's important to note that not everyone with flu will have a fever.

**How flu spreads.** Most experts believe that flu viruses spread mainly by droplets made when people with flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might also get flu by touching a surface or object that has flu virus on it and then touching their own mouth, eyes or possibly their nose.

**Period of contagiousness.** You may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick. Most healthy adults may be able to infect others beginning 1 day before symptoms develop and up to 5 to 7 days after becoming sick. Some people, especially young

children and people with weakened immune systems, might be able to infect others for an even longer time.

**How serious is the flu?** Flu is unpredictable and how severe it is can vary widely from one season to the next depending on many things, including: what flu viruses are spreading; how much flu vaccine is available; when vaccine is available; how many people get vaccinated, and; how well the flu vaccine is matched to flu viruses that are causing illness.

Certain people are at greater risk for serious complications if they get the flu. This includes older people, young children, pregnant women and people with certain health conditions([http://www.cdc.gov/flu/about/disease/high\\_risk.htm](http://www.cdc.gov/flu/about/disease/high_risk.htm)) (such as asthma, diabetes, or heart disease).

Flu seasons are unpredictable and can be severe. Over a period of 30 years, between 1976 and 2006, estimates of flu-associated deaths in the United States range from a low of about 3,000 to a high of about 49,000 people.

**Prevent seasonal flu: Get vaccinated.** The single best way to prevent the flu is to get a flu vaccine each season. The quadrivalent flu vaccine protects against two influenza A viruses and two influenza B viruses.

**Ivory**

Loads of changes at the Ivory!

Always serving tasty food with a global influence

New Look  
New Cocktail List

The Ivory Restaurant  
1 Hirtland Street  
Deep River, CT 06417

See all Specials online! (860) 526-2528  
[ivory-restaurant-ct.com](http://ivory-restaurant-ct.com)

EXTENSIVE WINE COLLECTION  
BEER  
SODA  
LIQUOR  
ICE  
LOTTO  
FREE DELIVERY

SHORE DISCOUNT LIQUORS

211 MAIN STREET  
DEEP RIVER, CT 06417  
860.526.5197  
860.526.5413 FAX

OPEN SUNDAY 10 - 5  
[wnbrseller@aol.com](mailto:wnbrseller@aol.com)  
[www.shorediscountliquors.com](http://www.shorediscountliquors.com)

**Budget Blinds**  
a style for every point of view™

- Plantation Shutters • Wood Blinds
- Honeycomb Shades • Roller Shades
- Vertical Blinds • Silhouettes®
- Woven Wood • Roman Shades

PROFESSIONAL MEASURING AND INSTALLATION

WE BRING OUR SHOWROOM TO YOUR HOME

WE SERVICE WHAT WE SELL

**FREE In-Home Consultation**

[www.budgetblinds.com](http://www.budgetblinds.com)  
email: [pmflaherty@budgetblinds.com](mailto:pmflaherty@budgetblinds.com)  
**860-399-6442**  
ask for Pat or Marc

the **Blue Hound**  
Cookery & Taproom



*American fare with a southern flare*

Now Open Mondays  
Late Night Menu  
**NEW** CT Craft Beer Taproom



107 Main Street, Ivoryton CT  
(across from the Ivoryton Playhouse)  
860.767.0260 bluehoundcookery.com

**COLDWELL BANKER**

**RESIDENTIAL BROKERAGE**



**Joel Lucas, Realtor®**  
*Shore & Country Specialist*  
#1 CBRB Agent in  
Middlesex/New London  
Counties Sales 2011/12/13  
**860.304.9150**

## Vista Member Turns Hobby Into Business

Selling handmade wallets, bracelets and more



Vista member Nicole Martines proudly shows off some of her handmade duct tape accessories at the YASBIZ Showcase back in July, where she made her first-ever sale.

Duct tape is more than just an adhesive tool for Vista member Nicole Martines – it’s a creative art form. It’s also the foundation of her newly established business, Crafty Nicole, which she launched last month with the help of Vista staff.

Nicole, who’s long had a passion for crafting, recently started creating duct tape accessories after watching how-to videos on YouTube. She decided to take her hobby to the next level after Kristin Juare, Vista’s manager of Quality of Life Programming, encouraged her to sell her crafty wares.

Using a variety of colored and patterned tape, Nicole creates large and small wallets, flower pens and hand-braided bracelets.

“The pens are my favorite,” said Nicole, a Clinton resident. “They take longer to make, but they are the most fun.”

Nicole made her first-ever sale on July 24th at the YASBIZ Showcase hosted at Vista’s Madison campus. YASBIZ is a network of Young Adult Service

programs from around Connecticut that help individuals with disabilities launch their own small business ventures.

Since the YASBIZ event, Nicole has sold out of her original inventory. She’s been making more pieces in her spare time – when she’s not hard at work with the Ventures Business Services cleaning crew.

Aside from her duct tape creations, Nicole also makes loom bracelets for fun. She even teaches her peers how to make them. Her other hobbies include gymnastics, golf and skiing.

For more information about Nicole’s products or to make a purchase, please email Sharon Grogan at [sgrogan@VistaVocational.org](mailto:sgrogan@VistaVocational.org).

Based in Madison and Westbrook, CT, Vista Vocational & Life Skills Center is a 501©3 nonprofit organization. Vista’s mission is to provide services and resources to assist individuals with disabilities achieve personal success.

For more information about Vista, please visit [www.vistavocational.org](http://www.vistavocational.org).

THE PERFECT COMPANY PROMOTION | GIVEAWAY!

*It's time to order*

## YOUR 2016 DESK CALENDAR

from Essex Printing

**LET US  
PERSONALIZE IT  
FOR YOU!**



### Pricing\*

10 | 25 | 50

\$55 | \$115 | \$175

(<sup>†</sup>5.50 ea) (<sup>†</sup>4.60 ea) (<sup>†</sup>3.50 ea)



We'll put your logo and information on each calendar page, plus one page for greeting and information.

\*Using Essex Printing's images and calendar layout, standard jewel box (5x5½"), assembly required. Please allow 2 to 3 weeks for proofing/production.

Special pricing for custom images and calendar assembly. Minimum order of 10.

GREAT GIFT IDEA FOR FAMILY AND FRIENDS!

Essex Printing 18 Industrial Park Road • Centerbrook, CT 06409 • 860-767-9087 • [www.essexprinting.com](http://www.essexprinting.com)

# Child & Family Agency's Holiday House Tour

Child & Family Agency of Southeastern CT announces its 13th biennial Essex Holiday House Tour on Saturday, December 12, from 10:00 am to 4:00 pm. The tour will feature seven beautiful village homes, including a landmark house, all decorated for the holidays and within walking distance from the Town Hall for easy access to village shops and restaurants as well.

Essex Historical Society's Pratt House and Hills Academy and the Connecticut River Museum will also be open free to ticket holders. The John Pratt II Homestead is a fully furnished historic home that was started in 1701 and finished in 1732. The Connecticut River Museum will feature, for the 27th year in a row, its remarkable model railroad exhibit created by noted artist and railroad buff, Steve Cryan, who usually makes annual changes to his delightful work.



Enticing boutique wares for everyone's shopping list and a small café at Essex Town Hall will also merit exploring.

For more information about the tour or the Agency, and to purchase tickets online, please visit our website at [www.childandfamilyagency.org](http://www.childandfamilyagency.org) or call 860-443-2896.

## C & F Mission

Since its founding in 1809, the mission of Child & Family Agency has been to promote the well-being and development of all children and their families. Priority is given to the unmet needs of children lacking physical, emotional, and intellectual care and nurturing. Programs support children's mental and physical health care, child abuse prevention, the treatment of family violence, teen pregnancy, childcare, parent education, and child guidance. Last year, over 18,000 children and their families were served in 79 towns in New Haven, Middlesex, and New London Counties. Child & Family has 190 staff – social workers, teachers, psychologists, nurse practitioners, physicians, administrators, and support staff – dedicated to helping children at 27 service centers.

As a non-profit, with a budget of over \$12 million, Child & Family Agency's funding comes from private, state, United Way, and federal sources. Fees for service reflect costs and a sliding scale assures that no one will be refused service for financial reasons. Much private support of the Agency is derived from six

Continued on page 35

**GLOWAC  
&  
BECKMAN**



**VOTE! - November 3<sup>rd</sup> - Board of Selectmen**

**LEADERSHIP**

**INTEGRITY**

**EXPERIENCE**

Paid for by The Essex Republican Town Committee  
Paid for by Bruce Glowac for First Selectman, Bruce MacMillian, Treasurer. Approved by Bruce Glowac

auxiliaries, located in Essex, Lyme/Old Lyme, East Lyme/Niantic, New London/Waterford/Groton, and Mystic/Noank/Stonington. Auxiliary members are a diverse group, who give generously

## Calling all Businesses!

MARC Community Resources (MARC) has advocated for the rights of people with disabilities since 1955. Since that time MARC Community Resources has grown into a multi-service agency with nearly 100 paid staff and over 100 volunteers. Today we serve more than 200 people with disabilities throughout Middlesex County and the Greater Hartford area by providing choices for housing, employment, advocacy and social/recreational life.

MARC's largest program is its Group Supported Employment Program. Small Group Supported Employment crews provide a vast array of companies with eager and enthusiastic employees capable of a multitude of tasks. We provide a low cost work force while improving productivity. "The Crew from MARC has been an integral part of our Connecticut operation since 1996, and has contributed to our company's growth here during this period. They are a pleasure to work with; they have become family. There is no Greenwald

of their time and talent through caring for children, fundraising events, and educational services to further the mission of the Agency. New members and donors are always welcome.

For those taking the tour, know that you are helping to strengthen families in your community!

without MARC," said Helmut Henry, Traffic Supervisor, Greenwald Industries (Chester).

Hiring a work crew from MARC provides companies with many benefits including increased profitability, employees who happily accept repetitive tasks without complaint, lower insurance risks, and a richer work environment for their own employees. "The MARC crews are a valuable part of our stores, not only do they keep our stores clean and safe, they brighten the experience of our staff and guests. They bring inspiration, cheer and good work ethic everyday they are here," said Gino Pacitto, Facilities Maintenance Manager, Shop Rite East Hartford/Manchester.

No job is too big or too small for MARC's work crews. Work crews are available Monday through Friday from 10am-1pm. If you are interested in receiving more information on hiring a MARC work crew, contact Erin Gasparini, Vice President of Vocational & Leisure Services at (860) 635-5151.



**RIGGIO'S**  
Essex, Connecticut  
*The Growing Garden Center*

### *Holiday & Gift Destination*

- Fresh Hand Decorated Wreaths
- Handmade Bows to Order
- One of a Kind Gifts
- Holiday Plants
- Cards
- Jewelry
- Scarves
- Kid Gifts
- Fresh Cut Flowers
- *And Much More!*

*Come by and check us out ...  
you'll be surprised at what we have!*

**860-767-0126**  
**136 Westbrook Road, Essex, CT**  
**[www.riggiosgardencenter.com](http://www.riggiosgardencenter.com)**



**salonpure**  
[www.SalonPureCT.com](http://www.SalonPureCT.com)



**20% Off**  
Your First Service\*  
or \$5 Off your next service\*

LIEUTENANT RIVER CTR  
11 HALLS ROAD  
OLD LYME, CT 06371

**860-598-9032**  
**[INFO@SALONPURECT.COM](mailto:INFO@SALONPURECT.COM)**

\*Excludes sale merchandise. Cannot be combined with any other discount offer. One redemption per household per day. Not redeemable for store credit or cash. Certain restrictions may apply. Expiration: 12/01/2015

# WE HELP YOUR TREES WEATHER THE STORM.

We're Bartlett Tree Experts, a 100+ year old tree and shrub care company with global reach and local roots. We protect your property by giving you expert, attentive service, a safety-first record and a range of weather damage services that include:

- Emergency Tree Services
- Pre-Storm Strategies, Including Pruning and Cabling & Bracing
- In-Depth Post-Storm Hazard & Damage Analyses



**BARTLETT TREE EXPERTS**  
FOR THE LIFE OF YOUR TREES.

Call us at 860.767.1752 or visit [BARTLETT.COM](http://BARTLETT.COM)






## Triangle Building Associates Inc.

Carpenters  Builders


General Contractor  
Remodeling Projects  
Complete Additions  
Custom Homes

**ESSEX, CT**  
**860-767-1272**  
email: [trisquare2010@att.net](mailto:trisquare2010@att.net)


NH Lic#0003590 HIC Lic# 0556517 Suffolk Cty NY Lic# 41997-H

**Essex:** Striking contemporary with views, from the decks, of the Connecticut River to Long Island Sound. N10044867  
Offered at \$ 997,000




**Essex:** Village home on private 1 acre. Gourmet kitchen, In-ground pool, Art studio and beautiful porch to while away the days. N10081526  
Offered at \$985,000



**Essex:** Iconic Village home, preservation of original and upgraded for current Lifestyle. Views of North Cove from every room, porch and large deck. M9144045  
Offered at \$1,295,000


**The Shannehans**  
203.247.0020/860.575.6583  
[theshannehans@wpsir.com](mailto:theshannehans@wpsir.com)



[williampitt.com](http://williampitt.com)  
ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488  
OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400  
Each Office is Independently Owned and Operated

# Happy Thanksgiving

from the Staff of  
**Events Magazines and Essex Printing**



# Town Clerk's Office

## Welcome to Centerbrook, Essex and Ivoryton

Stephen Tucker & Patricia Davis, 25 Ebony Lane, Ivoryton  
Thomas & Katharine Kallman, Foxboro Road, Essex  
Michael & Laura Copeland, 11 Stonebrook Drive, Ivoryton  
Frederick & Amy Rinehart, 1 Verona Street, Ivoryton  
Edward & Janice Strait, 23 Partridge Lane, Essex  
Christopher Brown, 38 North Main Street, Essex  
Jacqueline Nunes and Jeffrey & Barbara Westwater, 2 Winthrop Hill Road, Ivoryton  
Stewart Galeucia, 85 River Road, Essex  
Robert Ortiz, 47 Westbrook Road, Essex  
Joan Goldblatt & Robert Itnyre, 29 Mitchel Terrace, Ivoryton  
Kristine Dow & Jay Stanley, 85 Dennison Road, Essex  
Devin Bourque, 14 Charles Street, Centerbrook  
William Robinson, 25 Grandview Terrace, Essex  
James Carey & Bridgett Quinn-Carey, 8 Harbor View Drive, Essex  
Brian Jobson, 38 Mallard Point, Essex  
Brad & Linda Tully, 26 South Main Street, Essex  
Linda Ercolani, 85 River Road, Essex  
Anthony & Linda Cannella, 64 Main Street, Ivoryton  
Davis Passamano, 55 Westbrook Road, Essex  
Jacob Ertel, 75 North Main Street, Ivoryton  
James & Kristi Poehlmann, 2 Primrose Ledge, Essex  
Joseph Dizenzo III, 3 New City Street, Essex  
Zachary & Kristin Thomas, 9 Cedar Grove Terrace, Essex  
Christopher & Victoria Seidl, 27 Old Deep River Road, Essex  
Matthew & Leah Smith, 38 Northwinds Drive, Ivoryton  
Holly Jacobson, 54 Comstock Avenue, Ivoryton  
Linda & John Castagna, 65 Main Street, Unit 37, Ivoryton  
Glen Jacobsem, 10 New City Street, Essex  
Alberte Cocco, 31 Grandview Terrace, Essex

## Loss of Residents and Friends

### July

John S. Bean  
Margaret Dewing  
Jean Piper  
Walter Crane  
Hazel Ebmeyer  
Gilbert Bartlett  
Conrad Bouchard  
Patricia M. Selicious

### August continued

Gladys Link  
Edward Varano  
Frederick Vollono  
Beatrice Jacques  
Mary Young  
Suellen Kozey McCuin

### August

Douglas Deutermann  
Steven Landow

### September

F. Patrick McFadden  
Earl Simoneau  
Mildred Hallock  
Margaret Hines

Respectfully submitted by Yvonne Roziak, Assistant Town Clerk

*We Can Help  
With All Your Insurance Needs*



We've been insuring families  
and businesses for generations

### We Offer

- Prompt, Courteous Service with a Caring Attitude
- Innovative Insurance Products
- Choice of Insurance Companies
- Payment Options
- Coverages That Meet Your Needs and Budget

Why not give us a call  
to see how we can help you?  
As always, we'll place your  
needs before ours!



190 East High Street  
East Hampton, CT 06424  
860-267-7889

46 Plains Road  
Unit 31, Essex, CT 06426  
860-767-0084

[www.matherandpitts.com](http://www.matherandpitts.com)



William Pitt

Sotheby's INTERNATIONAL REALTY



**Rick Weiner**  
860.227.3191  
rweiner@wpsir.com

Over  
\$300,000,000  
in Local Sales\*

Offering You  
the Highest Level  
of Care and  
Expertise.

Licensed Real Estate Broker  
Connecticut and New York

Member Greenwich MLS  
Real Estate Board of NY

\*Source CT MLS



**SALE PENDING**  
**Essex Village Waterfront** Exquisitely tucked at the end of a private village lane. This elegant c. 1780 home is beautifully updated. Stunning water views, just steps from Main Street. Pool, dock, studio and garage. Magical! **Offered at \$1,800,000**



**Essex South Cove** Sweeping views from every room. Private one-floor home on 1+ waterfront acre with dock, at the end of a cul-de-sac adjacent to 90 acre Nature Preserve. Two-car attached garage. Over 2,800sf of first floor living space. **Offered at \$1,795,000**



**Essex River Road** Dramatic water views can be yours from this turn-key gated home set on 4.42 acres. Open floor plan, first floor master suite, kitchen/family room w/fireplace. Scott pool. Three car garage. **Offered at \$1,475,000**



**SOLD**  
**Essex Village** c.1848 Renovated kitchen /great rm and luxury finishes throughout. 2+ acres of rolling lawn, stone walls, winter water views, pool, spa. 5 bdrms, 3.1 baths, 3 fpics. Radiant-heated floors. Carriage house. **26SouthMainStreet.com Offered at \$1,495,000**



**Essex Village** Gracious Federal reproduction offering character, charm and water views. Spacious, level .73 acre lot w/ gardens located down a quiet village lane with water access. Attached garage. Short walk to shops, restaurants, marinas and yacht clubs. **Offered at \$775,000**



**Essex** Nestled on a quiet cul-de-sac, this elegant custom Cape is a hidden treasure with exquisite gardens and a secluded pool carved into terraced landscaping. First floor master suite, great storage. Flawless! **Offered at \$645,000**



**Essex Village** Amazing move-in ready c.1849 vintage home in the heart of Essex village. Two fireplaces, winter views of the CT river, artist's studio/woodworking shop. First floor bedroom & laundry. Wide-board floors. New kitchen, baths and mechanicals. **Offered at \$599,000**



**Essex Village** Rare village condo offers sunny southern exposure and delightful water views. One of just two units occupying a prominent antique building in the heart of Essex village. This 3 bedroom unit has been recently remodeled. **Offered at \$275,000**

ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488  
OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400

MORTGAGE FINANCING AVAILABLE 1.855.298.5650



The toughest, easiest to clean  
carpet on the planet.™

Karastan  
LIVE BEAUTIFULLY

National  
Karastan Month

Karastan  
SmartStrand Silk  
FOREVER CLEAN™

Enjoy the carpet that offers it all:

- Permanent, built-in stain and soil resistance that never washes or wears off
- Spill protection technology for quick and easy cleanup
- Exceptional durability
- Luxurious softness

Get the best for less... today!



MOHAWK  
COLORCENTER

860.399.6161  
www.westbrookfloor.com  
1275 Boston Post Road  
Westbrook, CT 06498

Tuesday - Friday: 9a.m. - 6p.m.  
Saturday: 10a.m. - 4 p.m.  
Closed Sunday & Monday  
Evening Appointments Available

WESTBROOK  
FLOOR COVERING



shop *discover*  
relax *enjoy*



dining | bedroom | upholstery | home office | entertainment

**Come to Kloter Farms...**

*Discover our two beautiful showrooms filled with custom furniture, gifts & home decor.*

*Open House*  
November 12<sup>th</sup>-14<sup>th</sup>



**KLOTER FARMS**

*Handcrafted for your home & yard.*

860-871-1048  
216 West Rd, Ellington, CT



Shop online  
**KloterFarms.com**

Mon & Wed 9-6, Tues & Thurs 9-7, Fri 9-5, Sat 8-5  
FREE DELIVERY in CT, MA, RI \$1500 min. purchase. Extra charge for Cape Cod, MA



William Pitt

Sotheby's INTERNATIONAL REALTY



# #1 Website Design in the Country

#3 in Best Mobile Experience

#5 in Best Overall Real Estate Websites\*

[williampitt.com](http://williampitt.com)

\*According to an annual national ranking of 750 real estate websites by the trusted real estate news source REAL Trends.



**ESSEX** **\$1,150,000**  
The Newly Restored Rectory  
N10079423  
Jennifer & Jane Associates  
860.227.6634



**ESSEX** **\$985,000**  
Hidden Treasure in Essex!  
N10081526  
The Shannehan's 860.575.6582



**ESSEX** **\$899,000**  
Fabulous Renovation. Great Views  
CT River N10073928  
Ellen Henderson 860.961.9643



**ESSEX** **\$649,000**  
Picturesque Cottage  
N10042361  
Colette Harron 860.304.2391



**ESSEX** **\$349,000**  
Charming One-Floor Living  
MLS: N10023358  
Rick Weiner 860.227.3191



**ESSEX** **\$334,999**  
Charming Cape on Nearly an Acre  
N10074060  
Margaret Morgan 860.391.1896

[williampitt.com](http://williampitt.com)

**ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488**  
**OLD LYME BROKERAGE | 103 HALLS ROAD | 860.434.2400**

**MORTGAGE FINANCING AVAILABLE 1.855.298.5650**



Each Office is Independently Owned and Operated. © 2013 Citibank, N.A. equal housing lender, member FDIC. Citi, Citibank, Arc Design and Citi with Arc Design are registered service marks of Citigroup Inc.



# ESSEX WELLNESS CENTER

SPECIALISTS IN HOLISTIC SERVICES

## COMPLETE CUSTOMIZED WELLNESS PROGRAMS

- Naturopathic and Chinese Medicine
- Acupuncture
- Nutrition for Health, Weight Loss/Management
- Hypnosis for Health, Spiritual Growth
- Mindfulness Meditation
- Life Coaching | Executive, Leadership Coaching
- Eating Disorder | Body Image Therapy
- Massage | Couples Massage | Reflexology
- Reiki | Healing Touch
- Substance Abuse & Addictions Counseling
- FREE Wellness Series Starting
- Personal Training & Health Coaching at our Private Picturesque Waterside Studio  
**Fitness on the Water**
- FREE Mindfulness Meditation Sitting Groups
- FREE Yoga Waterside (seasonal) and in Studio
- Tai Chi



.....  
Personal Training & Membership in Our Private Waterside Fitness Studio  
.....

**860.767.7770** | [info@essexwellnessctr.com](mailto:info@essexwellnessctr.com)

ESSEX WELLNESS CENTER / Fitness on the Water • 28 Main Street and 8 Novelty Lane, Essex Village





## ESSEX EVENTS

Essex Town Hall  
West Avenue  
Essex, CT 06426

PRSR STD  
U.S. POSTAGE  
PAID  
PERMIT NO. 155  
DEEP RIVER, CT

## POSTAL CUSTOMER

# Online and On Main Street



Some banks are closing branches in favor of online banking. Not Essex Savings Bank. Instead, we have added locations and expanded services – including online and mobile banking – to better meet your financial needs. As a community bank, we are here to serve you in the manner that works best for you. Stop by one of our conveniently located branches or visit us at [essexsavings.com](http://essexsavings.com) to see how we can meet your banking needs online and in person!



Essex, 35 Plains Road, 860-767-2573 • Essex, 9 Main Street, 860-767-8238 • Chester, 203 Middlesex Avenue, 860-526-0000  
Madison, 99 Durham Road, 203-318-8611 • Old Lyme, 101 Halls Road, 860-434-1646 • Old Saybrook, 155 Main Street, 860-388-3543  
Toll-Free: 877-377-3922 • [essexsavings.com](http://essexsavings.com)

Member FDIC

 Equal Housing Lender